MYRA'S JOURNAL

JUNE, 1909.

3D

THE LEADER OF FASHION

Vol. XXXVI. No 6.

Summer Skirt
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To match Skirt.

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Showing another version of Free Skirt.

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JUNE, 1909.

PROFUSELY ILLUSTRATED.

Mid-Summer Fashion Number.

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No. 8305.—A BEAUTIFUL MUSLIN FROCK.
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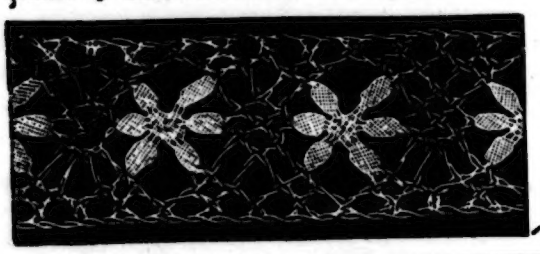

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NEWS FROM FASHION CENTRES.

FROM

VIENNA, PARIS, &c.

THE costumes of the day divide themselves into three great divisions. On the one side there is the summer coat-and-skirt costume, the coat usually rather long—that is for summer, because the majority nearly reach the knees; on the other side there is the "blouse-suit" and the short princess costumes. All summer materials, more or less richly trimmed, are employed, and of trimming there is endless variety; but the general styles would otherwise be somewhat monotonous, because there are, broadly speaking, only three.

Braid and buttons trim all our coat-and-skirt and short princess costumes. Silk braid is used, and either braid buttons or wooden buttons covered with satin or the dress material. Plain serge has usually satin facings and buttons. Chequered tweeds or shepherd's plaids generally have plain cloth facings and buttons matching the darker chequers.

The braids are beautiful. Most shepherd's plaid costumes are decorated with plain braids. But plain serges or fine cloths look best with decorative braids, which are very handsome this summer. Even washing braids can be had of fanciful types to decorate our plain linen coats-and-skirts.

A wonderful success has met the introduction of the tan brown linen. As it is a colour which wears very clean (it will last the season), it is often treated as if it were a non-washing fabric, and is braided in black (black silk braid), or is beautiful strapped with black ottoman silk or satin (see No. 8366, page 32).

Skirts are becoming more flowing, sleeves are longer, waists are becoming lower. Several pleated skirts are to be seen. Two nice representative models of the pleated skirt will be found at Nos. 8316 and 8366.

In fact, just now almost any style can be worn—there is the "Directoire" represented by the very fashionable "blouse-suit" for day wear, and by the more genuine Directoire as seen in evening and smart afternoon gowns. Then there is the revival of the Louis XV. and the newer revival of the "Mediæval" style. From these anyone can select a style to suit them.

The so-called "Mediæval" style strongly recalls the "Fisher-maiden" style of several years ago; what was worn by elder sisters of women now in the prime of life, the elder sisters from ten to fifteen years older than themselves. It consists of a close-fitting princess dress to the hip (or lower), to this being added a full skirt, either gathered or pleated. It will loom large in our seaside styles, and therefore will hold a prominent place among our illustrations next month. A pretty example will be found this month at No. 8344. Women over thirty will remember the "fisher-maiden" dress; just like the "mediæval" type, except that the pleated flounce or skirt was less deep, and the longer princess top was finished by a sort of revers (generally of another colour) representing a skirt tucked up to show a petticoat. If not pleated, the flounce or under skirt was striped—broad stripes, either left plain or pleated to hide the paler stripe. This was a specially favourite "sea-side" style, and will probably re-appear in July, August, and September.

No. 8306.—STRIPED BLOUSE WITH AMERICAN YOKE.
For Description see Pages 33 to 36.
Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

The Louis XV. style will be reserved more for the autumn and winter, when some very lovely examples will be seen in plain and ribbed velvet, with embroidered waistcoats. We gave a beautiful example of the revived Louis XV. coat last month, which would make up admirably for the summer in dyed Shantung—mauve or serpent green, decorated with chiné broché bands or passementerie. Part of the new Louis XV. styles is the revival of the paniers, for the present represented by skirt draperies as at No. 8336.

Dyed Shantungs are having a great success. It is hard pressed, however, in favour by the beautiful new alpacas, which are as glossy, almost as light, and much firmer for coat-and-skirt purposes, while they are to be had in an enormous range of colours—as varied and beautiful as are the shades of Shantung.

For summer coat and skirt costumes Shantung silks, of course, are one of the foremost fabrics, which are to be had in "natural" (biscuit) or lovely dyed shades, including soft tones of "bois de rose," mauve, heliotrope, and leaf-green. These gowns should be trimmed with wide silk braids dyed to match exactly the colour of the silk. Buttons (covered with Shantung) are plentifully used as a co-decoration with the braid.

The Shantung gown lends itself to the elaborate embroideries which are so prevalent for rich dresses, whether for day or evening wear. A Shantung dress, if not too elaborately trimmed, is not costly, and is most durable, as the silk does not crush or tear easily, and retains its colour.

Elaborate floral muslins seem less in demand than plain (or spotted) muslin, elaborately trimmed with embroidery and lace. The *lingerie* gowns in fine white linen, lawn, or cambric, embroidered by hand and decorated also with *motifs* of embroidery or lace, are also a feature of the summer styles. They can be very costly. In princess shape, with a certain amount of fulness in the flounces round the feet, they are exceedingly becoming. Some of the princess dresses are slightly draped, with very large armhole (see No. 8334) and ow neck, mounted on an under bodice of a different material.

The Prevalent "Blouse-Suit."

By "MYRA."

THERE is no doubt as to the popularity of the new dress, especially for washing fabrics. It is everywhere, in every shop, from the cheap striped zephyr at 12s. 6d., to the elegant ten-guinea gown of French lawn, rich with embroidery and lace insertions. It is not difficult to trace the origin and popularity of the "Blousuit," as so many shops call it. The necessity of hooking together blouse and skirt, from the time that the waist rose above the normal line, has naturally suggested the stitching together of the two, with the expeditious one common fastening at the back. The great trouble and time necessitated for adjusting with neatness blouse, skirt, and belt, even with the normal waist, have made women eagerly adopt the convenient method by which all three are stitched together into one whole, simply hooked or buttoned down the back or on the left side (according to style and preference).

As a beautiful "blouse-suit" forms two of our four Free Patterns this month, a few words on this prevailing type will not come amiss here, especially as we have no space on pages 26 to 28 to discuss the subject at length.

How high should be the waist? This is purely a matter of choice and style of figure. Some girls look well with the waist quite high, others with the waist only about an inch above the normal. The back should always be higher than the front. We have given our skirt pattern with the highest waist (three inches above normal line at back, two in front), because in fitting —when the line should be modified to suit the figure—it is so much easier to take off than put on. It must be borne in mind that the curtailment of length must *not* be got by dropping the whole skirt and turning up the lower edge. Turn in the top to the line you require, and then either pinch the seams or ease the top into the blouse before adjusting the belt. We give the blouse to the waist line, so that the skirt waist in fitting can be dropped as preferred. It is not wise to drop it to the real line, unless skirt and blouse are to be quite apart—like fig. 3 on page 27. The stitching together of blouse, skirt, and belt makes it impossible to draw up the waist as tautly as is desirable with a blouse-and-skirt costume finished with a separate belt. This is especially the case when the blouse-suit is of washing material, and will have to endure repeated tubbings and pressings.

Many blouse-suits—like that on page 3 – look very elaborate, but the structure is simple, and the elaboration is simply trimming. The tablier or blouse front are usually most highly decorated, and these decorated parts are made up with lace, broderie, tucked material, &c., on the flat pattern of the part before the pieces are tacked together.

It is therefore ornamental work—really fancy work—making up a fine *lingerie* "blouse-suit." The fitting and making up —the dressmaking part—is simple, and many a novice will succeed with a blouse-suit who could not fit or stitch together properly a tailor bodice or coat and a tailor skirt. The making up of the separate pieces of a blouse-suit with delicate tucks and lace is more like the dainty needlework which is bestowed on infants' garments, where fine needlework is everything, and the fit is easy, because the garment is so simple in shape.

No. 8307.—Dainty Style for Spotted Muslin.

For Description see pages 33 to 37.

Price of Paper Pattern, 1s. 0½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 8308.—A LINEN SKIRT AND OVERBLOUSE.

For Description see pages 33 to 36.

Price of Paper Patterns, Skirt, 6½d.; Overblouse, 3½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

MASSAGE.

By O. K. MOORE.

MASSAGE is one of those professions which are extremely remunerative to the right person and utterly useless to the wrong one. The masseuse must be refined, well educated, strong (both physically and mentally), and endowed with warm, dry hands. Also, before beginning to train, she should be sure that she will have the support of at least one good medical man after she has obtained her diploma. If she cannot claim these qualifications, she had better turn her attention to some other calling.

Massage, too, is one of the few occupations open to the blind, who usually have a very delicate sense of touch: and nurses, of course, always find it a useful addition to their training.

The beginner cannot do better than apply straightway to the Incorporated Society of Trained Masseuses, 12, Buckingham Street, Strand, W.C. (hereafter referred to as the I.S.T.M.).

This Society was formed in 1894 to improve the status and training of masseuses, and to abolish, as far as possible, abuses which had crept in, owing to the number of badly trained women who flooded the market as soon as they discovered the remunerative nature of the work, and practised without medical sanction. In this object it has been entirely successful. It now examines and grants a certificate of qualification to masseuses, and has established a registry through which reliable appointments may be obtained.

The student may attend classes at the Society's headquarters, or the Council will recommend teachers if she prefers private lessons.

It is rather difficult to give an estimate of the cost of training, owing to the variety of subjects which come under the heading of "Massage."

Elementary anatomy and physiology are included in massage proper. Then there is electrical treatment, much used in nervous cases; the Nauheim treatment, consisting of special exercises and baths, frequently prescribed for heart complaints, special treatment for various spinal complaints; Swedish remedial gymnastics; and bandaging.

The fees for massage, elementary anatomy and physiology, under the I.S.T.M., vary from £6 6s. to £8 8s.; medical electricity from £1 1s. to £1 11s. 6d.; Nauheim treatment £3 3s.; exercises for the treatment of curvatures from £2 12s. 6d. to £4 4s.; Swedish remedial movements £15 15s.; bandaging 10s. 6d.

These figures, of course, refer to class instruction; and it will be seen that by this method a full course can be obtained for an average cost of about £31, exclusive of books and examination fees.

The cost of private tuition under the same teachers is about 10s. 6d. per hour in London and Liverpool, and probably a

No. 8300.—Summer Costume of Shepherd's Plaid.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, Skirt or Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane. E.C.*

No. 8310

No. 8811

No. 8812

No. 8813

SOME EXAMPLES OF THE NEW BLOUSES.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, each 6½*d.; Price of Transfers of Embroidery for No.* 8310 (*complete Yoke, two Cuffs*), 5½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 8314

No. 8315

RACE WRAPS OF WHITE SERGE, ALPACCA, OR SHANTUNG.

For Description see Pages 33 to 36.

Price of Paper Patterns, each 1*s.* 0½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

trifle less in Glasgow and Dublin, where the Society is also represented.

It would be impossible to speak too highly of the Clinique and Institute for Medical Gymnastics at 27, Emperor's Gate, W. As is generally known, the Swedes have brought massage and its various branches to a higher pitch of perfection than any other nation in the world, and this Institute is the only one in England combining theory and practice on the lines of the great modern Swedish cliniques. The course lasts a year, and the fee is £60. During the year the student must pass the Board of Education Examination in Physiology and Hygiene, and the I.S.T.M. examination. A certificate is given after a final examination, accompanied where possible by letters of introduction to medical men.

Although hospitals could afford a good practical training, few of them do, except to nurses. An exception, which trains other pupils with good results, is the National Hospital, Queen's Square, Bloomsbury. The provincial hospitals and infirmaries are better in this respect than London. One which has been especially successful in the I.S.T.M. examinations is the Bristol Royal Infirmary, three pupils having on various recent occasions headed the list. The course lasts five months. The fee for Massage, Anatomy and Physiology is fifteen guineas non-resident, or twenty-five guineas resident.

Having trained, the masseuse has to find work. She may obtain a permanent post in a hospital or institute, or she may become a teacher; but the usual course is to work for one or more medical men over a certain district.

There are several points she should now bear in mind. In this sort of work it is impossible to fix a fee. From 5s. to 7s. 6d. is good pay, but the doctor will often send his masseuse to cases where even half that sum is a serious charge, and, again, to patients so poor that it is impossible to charge anything at all.

Of course, it is impossible to live by unpaid work, but the tyro should not refuse it. She cannot have too much experience. On the other hand, she should never offer to work for lower fees than necessary in order to obtain a monopoly. It is unfair to herself and to the profession as a whole The good masseuse is worthy of her hire, as no one will admit more readily than the doctor whose success depends in considerable measure on her services, and she should do all she can, except in cases of obvious poverty, to maintain a standard rate of at least 5s. per visit. But, above all, she must *never*, however high the proffered fee, undertake a case without medical sanction. By so doing she runs grave risks of harming rather than helping the patient, and at the very least lays herself open to a charge of charlatanism should anything go wrong, which will irreparably injure her professional career.

NOTE.—In sending remittance for paper patterns our readers will greatly oblige if they send it in halfpenny stamps, or in P.O. in preference to penny stamps.

No. 8316.—ELEGANT LINEN COAT-AND-SKIRT.

For Description see pages 33 to 36.

Price of Paper Patterns, Skirt, 1s. 0½d.; Coat, 6½d.. post free, from MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 8317 No. 8318 No. 8319

SUMMER STYLES FOR MATRONS.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, Skirts, Foundation Skirts, Coat, Mantle, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

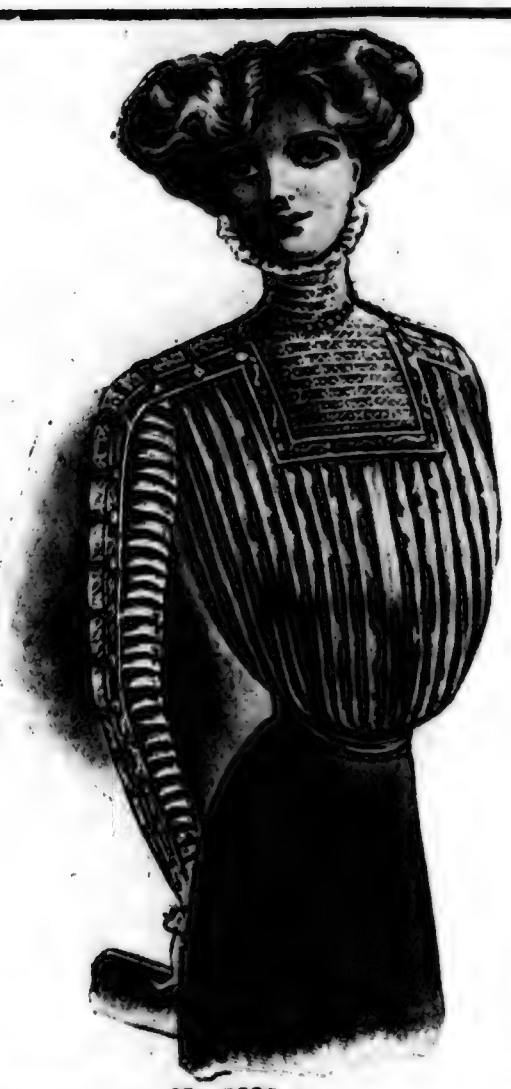
No. 8320 No. 8321 No. 8322

No. 8323 No. 8324 No. 8325

CHILDREN'S SUMMER COSTUMES.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*



No. 8326.

No. 8327.

No. 8328.

No. 8329.

BLOUSE BODICES FOR SUMMER FROCKS.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 8330

No. 8331

BEAUTIFUL STYLES FOR WASHING MATERIALS.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, each 1*s.* 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 8332.—Evening Gown with Stole Bolero.
(*For Descriptions see Pages 33 to 36.*)
Price of Paper Patterns, Princess Dress, 1s. 6½d.; *Foundation Skirt or Stole Bolero, each* 6½d., *post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By Mistress Anne Page.

FOODS FOR THIN FOLKS.

SOME people have an idea that the more one eats the fatter will one become, but surely those who are observant must have noticed that while some stout people have the most microscopic appetites and would rather go without a meal than take it sometimes, there are thin people, very thin, who eat much and frequently, and yet remain "like a match."

Human nature, too, is often very perverse, and even though the thin girl will eat five meals a day sometimes, it is frequently observed that she dislikes the kinds of food she ought to take, while she is very fond of many that she would be far better without.

Happily the doctors tell us that whoever can eat, and bathe and sleep can become fatter no matter how thin they have allowed themselves to get, and that the best kinds of food are bread, with a liberal allowance of pure dairy butter and Devonshire cream, eggs (particularly their yolks) soft boiled or poached, bacon (preferably boiled or baked and with a fair proportion of fat), Plasmon Oats porridge served with Demerara sugar and cream, good and nourishing soups, judicious proportions of white meat, chicken (with bacon), duck, &c., fish, such as salmon turbot, eels, mackerel, herring, &c., in their seasons, served with good sauces, plenty of properly-cooked vegetables, such as beans, peas, carrots, onions, potatoes, turnips, beetroot (served without vinegar), pastry and jam, rice, and other farinaceous puddings, nuts of all kinds, but particularly walnuts, sweet almonds, and pistachios, sweet fruits, such as bananas, black grapes, raisins, dates, and figs; new milk in abundance, barley-water, and good cocoa instead of tea or coffee.

These are the foods to eat and drink, but though five meals a day may be partaken of if there is the inclination and appetite for so many, and the interval between each is sufficiently long to allow of the finished digestion of one before the other is commenced, no more should be taken at each meal than perfectly satisfies hunger without repletion, for thinness can only sucessfully be combated when the food eaten is thoroughly masticated, easily digested, and readily assimilated.

The dietary should be as varied as possible, and as much time as can be spared for it should be spent in the open air between each meal, not necessarily in walking exercise, unless this is leisurely taken, and certainly not in active sport, but deep breathing should always be practised while out of doors as well as when indoors,

Thin women who want to regain their graceful curves rapidly should take, in addition to the above, a course of Dr. Horn's Carnoform, a wonderful tissue-builder and flesh-maker that does not contain any drugs, but is so scientifically compounded by Dr. O. E. Horn, D.Sc., 4, Bryanstone Road, Talbot Park, Bournemouth (from whom alone it can be obtained, in cases at 3s. each), that medical men have pronounced it an ideal food for thin folk, and prescribe it largely in wasting diseases, as well as in cases of ordinary or hereditary thinness.

(To be continued.)

No. 8333

No 8334

TWO BEAUTIFUL STYLES FOR MUSLIN, FOULARD, LACE, &c.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, Princess Over-Dress, 1s. 0½d.; Skirt, Underskirts, Blouse, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 8335.—A Lovely "Utility" Gown (for Afternoon or Evening Wear).

For Description see pages 33 to 36.

Price of Paper Pattern, 1s 6½d, *post free, from* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

GRAPHOLOGY DELINEATIONS.

By EDITH O'SHEA.

All letters must be sent to "Graphologist," Myra's Journal Office, 10 & 11, *Fetter Lane, E.C.*

(1) To be delineated in these columns, *specimens of handwriting* must be received on or before the 25th of the month.

(2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany *every* letter.

(3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom de-plume is also required for printed replies.

Blue Violets.—You are very honourable, and would much resent any underhand actions. Self-reliant, and can bear pain without constant complaint. Reticent about your affairs, but feel any kindnesses or the reverse very deeply. Are interested in Art and Literature, and if you chose to write could do so principally on subjects of country life. The writing shows great tact and sincerity. The will is steady, with the temper a little quick at times. I am delighted you find Myra so helpful to you.

Hiawatha (S. Africa).—You have chosen the name of my favourite poem. You have a very intuitive and capable mind; in fact, your whole writing shows much force of character and a decided personality, and its clear and upright style plenty of self-reliance and ability to think and act for yourself. You have splendid ideas of size, form, and colour, and the drama would attract you. For pictures you would love those full of glowing beauty and graceful figures. Are fond of social life, and would make a good hostess. Pay much attention to detail. If you paint, you would do well in portraiture; you could also do architectural work. Love of all harmony and beauty is shown, and are very honourable.

Stephanotis.—Your nom-de-plume conjures up visions of the star-flowers of the West Indies! You possess an artistic temperament with good sense of form and love of beautiful and harmonious colourings and sufficient originality to use them in rather daring combinations. This should make you successful in your profession. You have a very strong will and plenty of self-reliance, so you should, and I fancy have, overcome many obstacles in your life, and deservedly "come out top." Ambitious and persevering. You ask for the "worst," so I must own the excessively curled capitals in your writing denote considerable pretension and conceit. Good association of ideas and tenacity of purpose. Many thanks for your good wishes.

Fatima (S. China).—Do you know, I always long to possess a magic carpet to enable me to take a peep into the cities and cantonments of my correspondents "over-seas." The clearness and simplicity of the entire writing shows a refined and sincere nature. You are prudent and cautious, and very painstaking and methodical. Patient and sympathetic, especially in cases of illness. The will is level, and would never be aggressive. You should be very fond of music, singing, and reading. A lover of flowers, animals, and beautiful scenery. I am so glad you find Myra's helpful and useful. Careful and economical, but not too much so. Have a good idea for colour and shape and should be able to paint. Have you ever tried illustrating a short article on Amoy? The "Gentlewoman," the "Strand," and the "Wide World," and several American papers are always glad of such matter.

"Black Gnat."—Your quaint letter amused me. You certainly have a good sense of humour, and believe in taking things in the true, sportsmanlike spirit, but I rather think it is in our young days we are so gloriously "self-wise." Your writing shows a kind heart and plenty of pluck, and a go-ahead spirit. You are logical, too, and can think things out to a satisfactory conclusion. The chief fault is insufficiency of will-power and resolution, but your good sense would usually guide you. Energetic and honourable, but you don't tell the world your secrets. On the whole, you manage to enjoy life very well, and do not mind feminine friends. Pay more attention to detail and do not be in too great a hurry.

(*Continued on page* 46.)

No. 8336 No. 8337

A DRAPED AND AN EMBROIDERED EVENING GOWN.

For Description see pages 33 to 36.

Price of Paper Patterns, Skirts, Tunic, Bodices, each 6½d.; full-size Transfer of Embroidery for Bodice, price 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 8338

No. 8339

No. 8340

CHARMING SUMMER MILLINERY.

For Descriptions see Pages 33 to 36.

No. 8341

No. 8342

SUMMER COATS AND SKIRTS FOR SERGE, LINEN, ALPACCA, SHANTUNG, &c.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, Skirts or Coats, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 8343 No. 8344

A SUMMER COAT-AND-SKIRT AND A SMART AFTERNOON GOWN.

For Descriptions see pages 33 to 36.

Price of Paper Patterns, "Mediæval" Dress, 1s. 6½d.; Skirt or Coat, each 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 8345

No. 8346

No. 8347

No. 8348

FOUR VERY PRETTY BLOUSES.

For Descriptions see Pages 33 *to* 36.

Price of Paper Patterns, each 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 8349 No. 8350 No. 8351

BEAUTIFUL LINGERIE GOWNS, WASHING OVE

For Descriptions see

Price of Paper Patterns, Blouse-suits, or Overdresses, each 1*s.* 0½*d.*; *Skirts, Foundation Skirt*

No. 8352 No. 8353 No. 8354

OVERDRESSES, AND SUMMER TAILOR SUITS.

ions see pages 33 to 37.

Lon Skirts, Coats, or Blouses, each 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts (from *natural* waist), 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. *No* turnings are given.]

STRIPED SKIRT FOR THE SUMMER.

THIS is part of our smart "Blousuit" pattern—the feature of the season. It can be made of any summer fabric—print, zephyr, muslin, mousseline de laine, &c. It is cheaply but most effectively trimmed with a strip of the striped material—a pale stripe, outlined right and left with the narrower dark stripe, which is stripped off up one selvedge before cutting.

The pattern is in four pieces—half the front, two sides, one back. For a "blouse suit," the skirt is always high-waisted, and this is about three inches above the waist at the back, and two in front. The shortness of the waist of the blouse-suit, however, can always be modified in fitting by pinning the skirt on the accompanying blouse to suit the wearer. To lengthen waist, do not drop the whole skirt, but turn in the top. Then the seams can be pinched to fit, or the breadths can be slightly gathered, taking care that the gathers show only in the wider pale stripe, leaving the narrow dark stripe quite plain. The diagram shows the pattern pieces laid on 5 yards, 36-inch mousseline de laine or muslin, of which two inches have been torn off up one selvedge for a border. The muslin is opened out and is double beneath back and side No. 1 patterns. The single material is folded over, selvedges meeting, to hold side No. 2 and front patterns, the front centre being laid along the fold (see that a pale or dark stripe forms the immediate centre, and that stripes run straight down centres of each breadth). To eke out width of material, it is easy to join on pieces, seeing that stripes meet exactly. If there is not enough trimming in the torn-off strip, there is plenty of material (flanking tablier) to eke it out (see diagram).

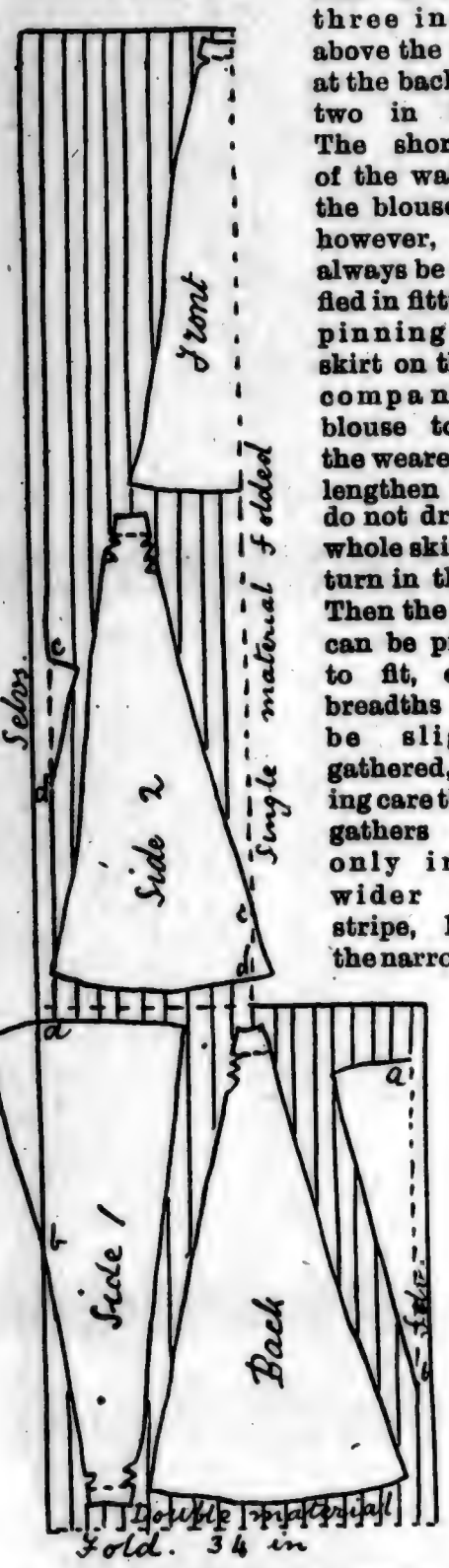


Diagram of Striped Skirt Pattern.

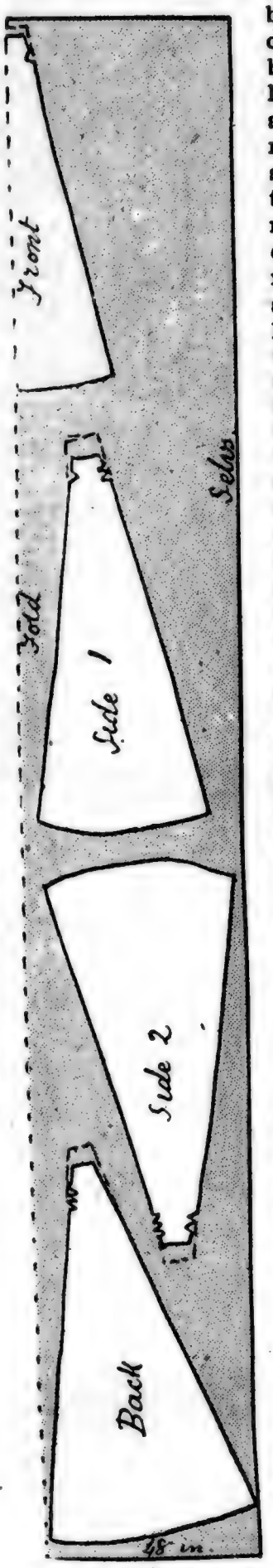


Diagram of Skirt Pattern Adapted for Serge, &c.

Tack the skirt pieces together according to notches, and try on, pinning it in place on the blouse, which should already be fitted and nearly made. The opening should be at the back. Stitch and press the seams. Turn up the hem and then stitch in place the strip of material. The muslin sketched had a white stripe 1 inch wide dotted with blue, and the ½-inch dark stripe was a lovely blue (a *bright* navy). In tearing off the strip, have selvedge on one side, and ½ inch of the white stripe on the other edge, to serve as turnings for "border." Stitch the border in place as illustrated (running alongside of the seams where the stripes meet in V point; the borderings meet at the waist on the seam, but branch off a little towards where they turn off across the breadth before ascending another seam).

Stitch the skirt to the finished blouse (which also opens at back), and cut away superfluous material. Two strips of the bordering, stitched together, are stitched in place for a belt, turning the dress into a veritable princess dress, put on in a single piece, and closing at back.

For further hints on the fashionable "Blousuit," as the shops call it, see page 6.

Our skirt pattern can be utilised for a smart serge skirt with waist in the normal place. Made up and braided, it is illustrated with our lovely box-pleat shirt-blouse pattern (see No. 3, page 27). The diagram shows how to lengthen the waist, and how to lay the pattern pieces on 4 yards 48-inch serge, which is doubled in half, selvedges meeting, the front centre laid along the fold. The skirt closes in the left tablier seam. It is lined with lino where braided and at the hem, and is worn over a moirette foundation skirt, joining skirt at top and opening only.

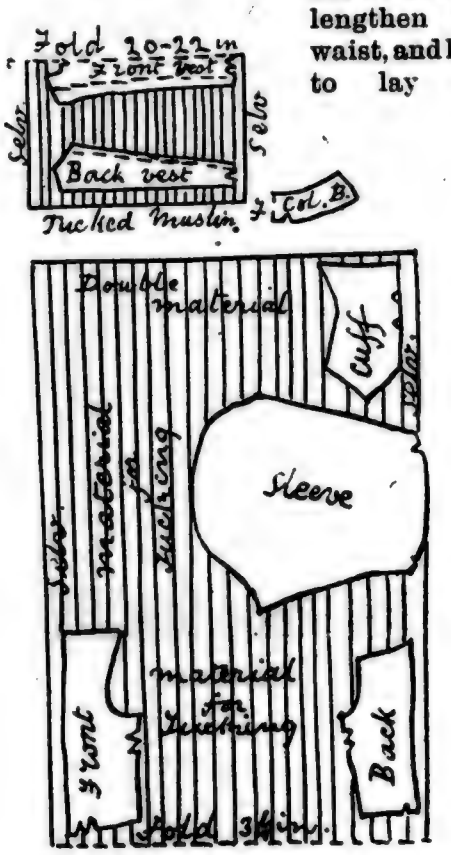


Diagram of Striped Blouse Pattern.
(Sleeve, cuff, and collar cut on Box-Pleated Shirt Pattern.)

STRIPED BLOUSE TO MATCH SKIRT.

After cutting the skirt already described, the blouse should be cut and made before proceeding with the skirt of the "Blousuit." The pattern is in four pieces—one back, one front, half of front vest, one back of vest. Sleeve, cuff, and collar patterns will be found in the Box-Pleated Shirt Pattern.

The diagram shows the four pieces for striped material (front, back, sleeve, cuff) laid on 3yds 36-inch muslin, which is

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue W. G., N.

ALL THESE BEAUTIFUL MODELS CAN BE CUT FROM OUR FOUR FREE PATTERNS.

No. 4. — BOY'S TAN LINEN TUNIC.

Nos. 1 & 2.—SUMMER SKIRT FOR STRIPED MATERIAL AND BLOUSE TO MATCH (THE NEW "BLOUSUIT.")

No. 3.—BOX-PLEATED LINEN SHIRT BLOUSE (Showing Free Skirt adapted for Serge or Linen).

OUR FOUR FREE PATTERNS.

PROVIDING TWO COMPLETE COSTUMES FOR A LADY, AND A CHILD'S TUNIC.

For Description see Pages 26 to 28.

opened out and is double, so that the pieces are cut in duplicate. A strip is torn off for trimming (as for the skirt).

Take each front in turn, and, on the flat pattern, pleat up the material at the shoulder almost to the bust line, hiding the pale stripe completely, and showing only a solid block of blue (the dark stripes). These pleats are stitched down. Do the backs in the same way. Sleeves and cuff are laid on the material to have the stripes horizontal. Lay the sleeves lower edge to one selvedge. Then pleat up the material at the top (hiding white stripe) to the line where you secured your fronts and backs into a solid block of blue. The cuff is pleated up to hide all the white. If preferred, the white part can be cut away after tucking, and this is advisable if the material is at all thick.

Tuck up (or buy ready tucked) ¾ yard 36-inch muslin, fold in half the tucked muslin, and lay the vest pieces in place (tucks horizontal), front centre laid along the fold (see diagram). Buy an extra ¼ yard of the plain white muslin, to bind the two panel edges, and to make the collar, which is tucked to the flat pattern.

Your pieces being now all ready, tack together fronts and backs at shoulder and under arm. Tack in place (see notches and wheelmarks) the vest, and try on. Stitch a band of bordering up front and backs. Stitch and fell seams. Put on the fastenings and collar. Stitch on skirt as already described (see skirt description). Put on the sleeves. These have been gathered into the wide blue cuffs, which join at the notches, the cuffs closing with several very small Newey's Imperial Spring hooks and worked loops.

BOX-PLEATED LINEN SHIRT BLOUSE.

This is a particularly good model. It is decorated with French knots in mauve P.L. Odin Floss; but if a plainer style is required the blouse looks equally well merely stitched.

The pattern is in six pieces: half the pleated back, half the pleated right front, one sleeve, one cuff, half the collar, half the one-piece American yoke, which is of a particularly becoming shape. All the pleats are shown by dotted lines in the diagram. In the pattern, the central box-pleat of front and back are wheel-marked, the other pleats being indicated by the jagged upper edge. The pleats in front are all box-pleats. At the back, the central box-pleat is flanked right and left by an ordinary pleat. The French knots (if liked) are worked *between* (not *on*) the pleats.

The diagram shows the pattern pieces laid on 2¾ yards 36-inch linen, which is opened out and is double beneath front, collar and cuff patterns. The single material is folded over (selvedges meeting), back centres of back and yoke patterns laid along the fold, so that each is cut in a single piece. The left front is cut without box-pleat. The half-width is not quite wide enough for sleeve, so a corner must be added at *a b*, underneath.

Arrange the pleats of fronts and back, and, if required, make the French knots. Tack on lined yoke (lapped over fronts and back), and try on. Stitch on yoke, and decorate all round with French knots. The collar band is stitched on neck. The duplicates of collar and yoke serve for linings. The collar is finished with a "stock" collar of muslin and a satin "stock" tie matching the French knots. Close with pearl buttons. The buttonholes can be made in central pleat or in an underfold. The basque is hemmed.

The sleeve is seamed. It is slit for a few inches for an opening, which is hemmed. Gather into the lined cuff, which closes over, strap fashion, with one button and buttonhole and two hooks and loops, or with three hooks and loops. The cuff is decorated all round with French knots.

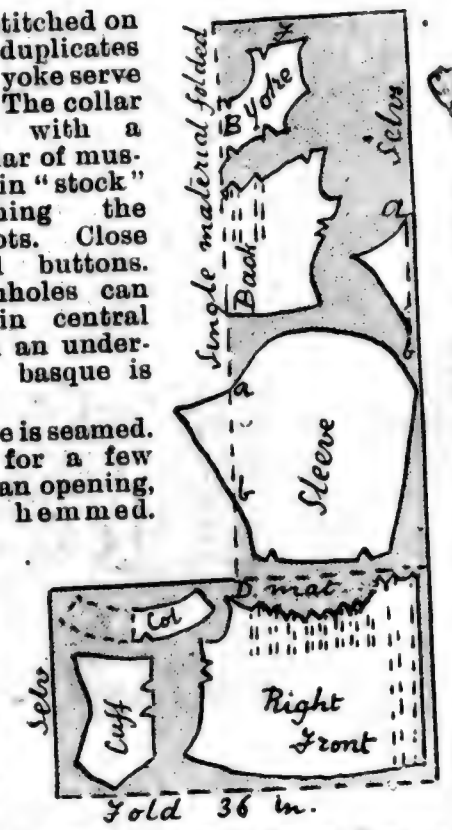


DIAGRAM OF FREE SHIRT-BLOUSE PATTERN.

BOY'S TAN LINEN TUNIC.

The new smart tan linen goes admirably with tan shoes and socks. The pattern is in four pieces: the left front (cut with box-pleat), half the back, one sleeve, one doubled cuff-band. In the pattern the box-pleat is given the ordinary size; but it is easy to widen it into a smart panel by taking a narrower tuck or pleat on the left, and allowing a wide turning. The right front is cut without the box-pleat. It is as well to leave material for a wide pleat or panel, as, according to the "robustness" of the laddie's figure, a wider or narrower pleat is more becoming. Diagram shows the pieces laid on 2¾ yards 36-inch linen, opened out and double beneath front pattern.

Arrange the pleat. Tack together back and fronts and try on. Stitch down the front pleat, hem the right front, and face both fronts with strips of linen. Sew buttons down the hem, and make buttonholes in the facing of the left front. Hem the lower edge. A dark red or a white leather belt looks well, according to the taste. If all the rest is tan, brown leather (matching the shoes) is pretty. Pipe the neck.

Seam the sleeve. Slit it for an opening, which is hemmed. Gather into the doubled cuff. The tunic is furnished with a "Peter Pan" collar and cuffs of broderie anglaise. For a boy of 4-5 years.

For the linen send to Robinson and Cleaver, 40R, Donegall Place, Belfast.

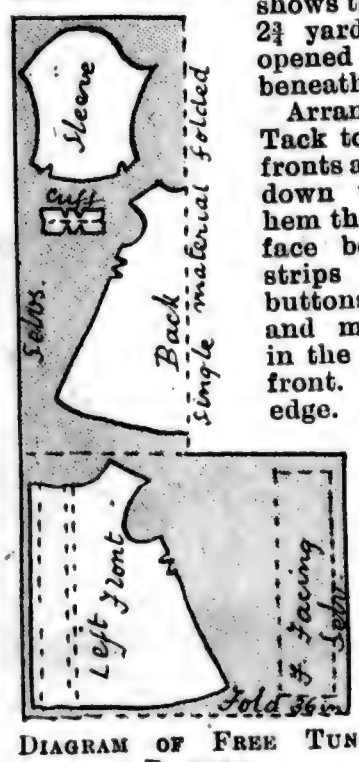


DIAGRAM OF FREE TUNIC PATTERN.

AN EMBROIDERED CROSS-OVER SKIRT AND BLOUSE FOR LINEN.

(THESE WERE TWO OF THE FOUR FREE PATTERNS PRESENTED WITH OUR MAY NUMBER.)

Full-size Transfers of the Blouse Embroidery can be obtained, price 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C*

"The dress you have suggested is just exactly what I wanted."—L. O'S.

COOKERY & HOUSEHOLD MANAGEMENT.

THE WASHING OF BLANKETS.

MANY people look upon the washing of blankets with awe almost approaching to fear. They imagine it to be a very difficult proceeding, more or less sure to result in spoiled blankets, and, in any case, one not to be undertaken lightly. Therefore, they adopt one of two plans. They either send the blankets to a cleaner's—which is necessarily an expensive proceeding—or they neglect to send them away at all, or even to do them at home, with the natural result that they are dirty, and untidy, and unsightly; and all for the lack of a little knowledge, which, in this case, is not a dangerous thing.

It must be remembered that new blankets require slightly different treatment from old ones. In bleaching them for sale a great deal of sulphur is used, and this must be removed before the actual washing begins, or the blankets will become hard and discoloured.

To remove it, soak the blankets for some hours in clear, cold rain-water. Then proceed in whatever way is deemed the best method of washing them.

I give some directions below, which have been tested in my own laundry with success. The methods vary a little, but all are good.

I.—TO WASH NEW BLANKETS.

Have plenty of lukewarm lather ready, made from boiled soap and water. After soaking the blankets in cold water for twelve hours, rinse them well in fresh, cold rain-water; then put them into the lukewarm lather, in a tub; squeeze them well through the lather—do not rub them, but simply squeeze them through and through the soapsuds; then rinse in lukewarm water, shake well, and hang out to dry in a shady place. Shake frequently while drying. They will be a beautiful colour, and perfectly fluffy and soft.

II.—ANOTHER METHOD.

Have a large pot holding two gallons of water, and add to it half a pint of household ammonia and 1½ penny packets of Hudson's soap powder, and let this water come to the boil. Have ready three tubs, one with warm (NOT BOILING) water, to which has been added a goodly quantity of the boiling water containing the soap and ammonia; the other two with plain tepid water, without any soap mixture. Put two or three single blankets, or one pair, into the tub with the mixture in. Let them soak for five minutes, then rinse them well, first in tub No. 2, and then in No. 3, until all soap and dirt are completely out of them. Then put them through the wringer several times till all water is out of them. Shake them thoroughly, and hang them out on a line to dry. This is an especially good method. The blankets are beautifully clean, and they are quickly done. If many pairs are to be done more of the mixture will be required, naturally, and the best plan is to fill up the pot as it is emptied, always adding more soap powder and ammonia. Another point to remember, is, that the more blankets are shaken while drying, the more soft and woolly will they be when quite dry.

III.—TO WASH VERY MUCH SOILED BLANKETS.

Have a large tub, and into it put a large handful of soft soap, and a tablespoonful of strong liquid ammonia. Fill the tub up with warm water and stir till the soap is dissolved. Put in as many blankets as the tub will hold, but be careful that they are completely immersed in the water, as any uncovered portion will shrink. Cover the tub either with a wooden lid, or a tray, and place over all an old rug or blanket so folded that it will prevent the steam or the spirit of ammonia escaping. Let the blankets steep thus for an hour. At the end of that time the water will be very dirty, but the blankets will be clean. Rinse them in rather hotter water as many times as may be necessary to remove the soap, and then pass them through a ringer. Then let four people take the four corners of each blanket, and shake it very thoroughly, and hang it up to dry. The hairs, which are too often flattened and hardened in washing, will, by this means, rise up naturally, and the blankets will feel as soft and look as fluffy and woolly as if they were quite new.

TO WASH OLD BLANKETS.

It is impossible to restore thickness to old blankets which have been badly washed. The only thing to do is to soak them for an hour in a solution of shred soap, ammonia, and water (1lb of shred soap, and a tablespoonful of liquid ammonia to each 4 quarts of water) covering them up as in the previous recipe. Wring well, and rinse in COLD water. Wring again, and dry in the shade, shaking frequently. They will be soft and clean, and much less stiff than before washing.

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We all profit by our mistakes—or we ought to do so—and when we are kind we warn other people so that our own sad fate does not overtake them. Therefore do I give some emphatic "*Dont's*" in washing blankets:

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(6) Don't forget to change the water frequently both when washing and rinsing, because until all soap and dirt are got rid of, the blankets will be a bad colour.

(7) Don't forget to loosen the tension screw of the wringer before wringing blankets.

(8) When hanging blankets out to dry, don't forget that they are very heavy; therefore, the pegs must not be put in too near to the corners or edges, or the weight will strain and tear the material.

If blankets are washed with all the care I have indicated, they will be a great success, and they will give comparatively little trouble. They must be very well aired before use; and an excellent plan is to hang them up on a screen in a warm kitchen for several nights before they are either put away or used.

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CAN I MAKE SOAP AT HOME?—Certainly you can. Whether you will find it worth while, I cannot possibly tell you; at least, while you are in England. As you say you may be returning far West, where transport is slow, &c., I give you a recipe which you will find good, and which is a compound of such items as are to be found in the stores of almost any settlement. Put into an old saucepan 3lb of fat of any kind (what you save up in scraps will do well—candle-ends, fats of all kinds, skimmings, &c., all boiled together and clarified), add 1½lb of soda, 1lb of lime, and 1lb of resin, and boil the whole together for two hours. Then run it off into a square tin and leave till nearly cold. Cut in bars and put into a dry place to harden.—PRISCILLA.

(*Continued on Page 46.*)

"Of all the ladies' papers that are published Myra is undoubtedly the very best."—M. H.

opened out and is double, so that the pieces are cut in duplicate. A strip is torn off for trimming (as for the skirt).

Take each front in turn, and, on the flat pattern, pleat up the material at the shoulder almost to the bust line, hiding the pale stripe completely, and showing only a solid block of blue (the dark stripes). These pleats are stitched down. Do the backs in the same way. Sleeves and cuff are laid on the material to have the stripes horizontal. Lay the sleeves lower edge to one selvedge. Then pleat up the material at the top (hiding white stripe) to the line where you secured your fronts and backs into a solid block of blue. The cuff is pleated up to hide all the white. If preferred, the white part can be cut away after tucking, and this is advisable if the material is at all thick.

Tuck up (or buy ready tucked) ¾ yard 36-inch muslin, fold in half the tucked muslin, and lay the vest pieces in place (tucks horizontal), front centre laid along the fold (see diagram). Buy an extra ¼ yard of the plain white muslin, to bind the two panel edges, and to make the collar, which is tucked to the flat pattern.

Your pieces being now all ready, tack together fronts and backs at shoulder and under arm. Tack in place (see notches and wheelmarks) the vest, and try on. Stitch a band of bordering up front and backs. Stitch and fell seams. Put on the fastenings and collar. Stitch on skirt as already described (see skirt description). Put on the sleeves. These have been gathered into the wide blue cuffs, which join at the notches, the cuffs closing with several very small Newey's Imperial Spring hooks and worked loops.

BOX-PLEATED LINEN SHIRT BLOUSE.

This is a particularly good model. It is decorated with French knots in mauve P.L. Odin Floss; but if a plainer style is required the blouse looks equally well merely stitched.

The pattern is in six pieces: half the pleated back, half the pleated right front, one sleeve, one cuff, half the collar, half the one-piece American yoke, which is of a particularly becoming shape. All the pleats are shown by dotted lines in the diagram. In the pattern, the central box-pleat of front and back are wheel-marked, the other pleats being indicated by the jagged upper edge. The pleats in front are all box-pleats. At the back, the central box-pleat is flanked right and left by an ordinary pleat. The French knots (if liked) are worked *between* (not *on*) the pleats.

The diagram shows the pattern pieces laid on 2¾ yards 36-inch linen, which is opened out and is double beneath front, collar and cuff patterns. The single material is folded over (selvedges meeting), back centres of back and yoke patterns laid along the fold, so that each is cut in a single piece. The left front is cut without box-pleat. The half-width is not quite wide enough for sleeve, so a corner must be added at *a b*, underneath.

Arrange the pleats of fronts and back, and, if required, make the French knots. Tack on lined yoke (lapped over fronts and back), and try on. Stitch on yoke, and decorate all round with French knots. The collar band is stitched on neck. The duplicates of collar and yoke serve for linings. The collar is finished with a "stock" collar of muslin and a satin "stock" tie matching the French knots. Close with pearl buttons. The buttonholes can be made in central pleat or in an underfold. The basque is hemmed.

The sleeve is seamed. It is slit for a few inches for an opening, which is hemmed. Gather into the lined cuff, which closes over, strap fashion, with one button and buttonhole and two hooks and loops, or with three hooks and loops. The cuff is decorated all round with French knots.

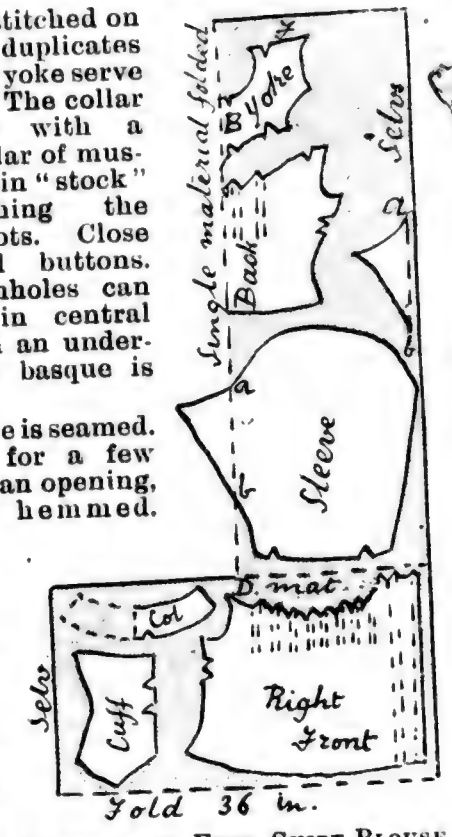

DIAGRAM OF FREE SHIRT-BLOUSE PATTERN.

BOY'S TAN LINEN TUNIC.

The new smart tan linen goes admirably with tan shoes and socks. The pattern is in four pieces: the left front (cut with box-pleat), half the back, one sleeve, one doubled cuff-band. In the pattern the box-pleat is given the ordinary size; but it is easy to widen it into a smart panel by taking a narrower tuck or pleat on the left, and allowing a wide turning. The right front is cut without the box-pleat. It is as well to leave material for a wide pleat or panel, as, according to the "robustness" of the laddie's figure, a wider or narrower pleat is more becoming. Diagram shows the pieces laid on 2¾ yards 36-inch linen, opened out and double beneath front pattern.

Arrange the pleat. Tack together back and fronts and try on. Stitch down the front pleat, hem the right front, and face both fronts with strips of linen. Sew buttons down the hem, and make buttonholes in the facing of the left front. Hem the lower edge. A dark red or a white leather belt looks well, according to the taste. If all the rest is tan, brown leather (matching the shoes) is pretty. Pipe the neck.

Seam the sleeve. Slit it for an opening, which is hemmed. Gather into the doubled cuff. The tunic is furnished with a "Peter Pan" collar and cuffs of broderie anglaise. For a boy of 4-5 years.

For the linen send to Robinson and Cleaver, 40R, Donegall Place, Belfast.

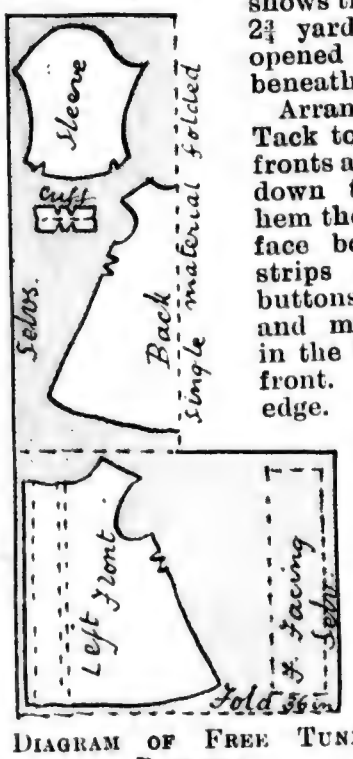

DIAGRAM OF FREE TUNIC PATTERN.

AN EMBROIDERED CROSS-OVER SKIRT AND BLOUSE FOR LINEN.

(THESE WERE TWO OF THE FOUR FREE PATTERNS PRESENTED WITH OUR MAY NUMBER.)

Full-size Transfers of the Blouse Embroidery can be obtained, price 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C*

"The dress you have suggested is just exactly what I wanted."—L. O'S.

COOKERY & HOUSEHOLD MANAGEMENT.

THE WASHING OF BLANKETS.

MANY people look upon the washing of blankets with awe almost approaching to fear. They imagine it to be a very difficult proceeding, more or less sure to result in spoiled blankets, and, in any case, one not to be undertaken lightly. Therefore, they adopt one of two plans. They either send the blankets to a cleaner's—which is necessarily an expensive proceeding—or they neglect to send them away at all, or even to do them at home, with the natural result that they are dirty, and untidy, and unsightly; and all for the lack of a little knowledge, which, in this case, is not a dangerous thing.

It must be remembered that new blankets require slightly different treatment from old ones. In bleaching them for sale a great deal of sulphur is used, and this must be removed before the actual washing begins, or the blankets will become hard and discoloured.

To remove it, soak the blankets for some hours in clear, cold rain-water. Then proceed in whatever way is deemed the best method of washing them.

I give some directions below, which have been tested in my own laundry with success. The methods vary a little, but all are good.

I.—TO WASH NEW BLANKETS.

Have plenty of lukewarm lather ready, made from boiled soap and water. After soaking the blankets in cold water for twelve hours, rinse them well in fresh, cold rain-water; then put them into the lukewarm lather, in a tub; squeeze them well through the lather—do not rub them, but simply squeeze them through and through the soapsuds; then rinse in lukewarm water, shake well, and hang out to dry in a shady place. Shake frequently while drying. They will be a beautiful colour, and perfectly fluffy and soft.

II.—ANOTHER METHOD.

Have a large pot holding two gallons of water, and add to it half a pint of household ammonia and 1½ penny packets of Hudson's soap powder, and let this water come to the boil. Have ready three tubs, one with warm (NOT BOILING) water, to which has been added a goodly quantity of the boiling water containing the soap and ammonia; the other two with plain tepid water, without any soap mixture. Put two or three single blankets, or one pair, into the tub with the mixture in. Let them soak for five minutes, then rinse them well, first in tub No. 2, and then in No. 3, until all soap and dirt are completely out of them. Then put them through the wringer several times till all water is out of them. Shake them thoroughly, and hang them out on a line to dry. This is an especially good method. The blankets are beautifully clean, and they are quickly done. If many pairs are to be done more of the mixture will be required, naturally, and the best plan is to fill up the pot as it is emptied, always adding more soap powder and ammonia. Another point to remember, is, that the more blankets are shaken while drying, the more soft and woolly will they be when quite dry.

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(*Continued on Page 46.*)

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For Descriptions see pages 33 to 36.

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No. 8865 No. 8866 No. 8867

USEFUL WASHING FROCKS AND SUMMER BLOUSES.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, Long Linen Coat, 9½d.; Skirts or Blouses, each 6½d; Full-size Transfers of Embroidery for No. 8367 (complete yoke, collar, two cuffs), price 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C*

Descriptions of the Illustrations.

A Beautiful Muslin Frock.

No. 8305, Page 3. Five-gore skirt, tucked at edge to flat pattern, decorated with lace insertions. This is eased into the bodice—a front and two backs, made up to pattern of broderie, plain muslin and lace, arranged into a pointed yoke made up to pattern of tucked muslin, lace and broderie medallions. Tucked fichu (tucks wheelmarked) edged with lace. Tucked collar. Sleeve is ruffled to form frills on the outer sleeve and is finished with a deep lower sleeve made up of broderie, lace and tucked muslin. Except fichu, material is tucked before cutting. Gown fastens at back. Original suspender belt of velvet ribbon. 29-inch muslin, 12 yards.

Striped Blouse with American Yoke.

No. 8306, Page 5. A full back and two full fronts of striped mousseline-de-laine, &c., right front cut with box-pleat, mounted into a one-piece American yoke. Stripes are *vertical* for back, fronts, one-piece sleeve. The back of the one-piece yoke has the stripes *horizontal*, and the cuff is cut in the same way. Band collar supplied with buttonholes to hold the linen collar. Silk tie, matching darker stripe. Box-pleat is wheelmarked on front pattern. 42-inch material, 2 yards.

Dainty Style for Spotted Muslin, &c.

No. 8307, Page 6. Looks well also in mousseline de laine. New gown of princess type called "Blousuit" in the shops. Skirt and bodice are stitched together to form a princess dress. To be worn over a princess under-dress (see April Number, No. 8219). Skirt in five gores, sides and backs pleated (pleats wheelmarked on pattern), tablier in one with bodice front panel. Bodice has two fronts and two backs, arranged in a tucked yoke (cut from tucked material by flat pattern). Tuck skirt edge to flat pattern. Lace decorates the bodice and front panel and forms a belt. Cut away the muslin beneath the lace. Sleeve of muslin, tucked inside and ruffled up the outside. "Peter Pan" turn-over collar. Double width muslin, 7 yards.

No. 8368.—BABY'S EMBROIDERED BONNET.

For Descriptions see Pages 33 to 36.

Price of Paper Pattern, 3½d.; Full-size Transfer of Front Embroidery, 2½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

A Linen Skirt and Overblouse.

No. 8308, Page 7. Skirt is in five gores, tablier with lapped and braided seams. Sides and backs are decorated with a braided band of spotted cotton. This is stitched to the overblouse beneath the stitched-on belt of braided cotton. Over-dress closes at back. The bodice part consists of a linen kimona, decorated with shaped bands of spotted cotton and narrow braid. Wear over any blouse. Excellent model. 36-inch linen, 10 yards.

Summer Costume of Shepherd's Plaid.

No. 8309, Page 8. Five-gore skirt, closing on left of centre panel where the seam is lapped and decorated with black satin buttons and false buttonholes of black silk braid. Braid edges sides and backs. Smart coat, open up sides and back panel, lapped seams back and front, edged all round with braid. Face fronts with plaid. Line with white silk, cut on coat pattern but seamed apart, edges slipstitched to coat edges and front facings. The large revers and two-piece sleeve are decorated with buttons and false buttonholes. Small upright military collar. 48-inch material, 7 yards.

Embroidered Linen or Muslin Blouse.

No. 8310, Page 9. Box-pleated blouse, front and two backs (pleats wheelmarked on pattern), arranged into an embroidered yoke outlined with lace insertion very prettily. Collar pleated or tucked to flat pattern, edged lace. Pleated sleeve (pleats wheelmarked) with embroidered cuff, edged lace. 36-inch linen, 4 yards. Full size transfers of the embroidery can be had from Madame Myra, price 5½d., post free.

A Tucked Shantung or Linen Blouse.

No. 8311, Page 9. Tuck the material right and left from the centre before cutting front and two backs. Where material is not wide enough, join beneath a tuck. Sleeve is cut from tucked material. Tuck collar to flat pattern. 31-inch white Shantung, 6 yards.

A Pretty Linen Overblouse.

No. 8312, Page 9. To match a skirt. Two double-breasted fronts and a back, edged braid, closing with pearl buttons and buttonholes. Added buttoned shoulder strap. Wear over any satin, cotton, or muslin blouse. 36-in linen, 1½ yards. Dress looks well in the new tan linen.

Smart Lace Blouse.

No. 8313, Page 9. A back and two fronts, right front finished with coarser lace inser-

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No. 8369.—SMART FROCK FOR THE RACES, GARDEN PARTIES, &c.
For Description see Pages 33 *to* 36.
Price of Paper Pattern, 1s 6½d., *post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

tion. A band of lace on shoulder holds the fulness like a yoke. A band of ace forms a collar. Long sleeve with lace frill. 22-inch piece lace, 5 yards.

Kimona Wrap for Day or Evening Wear.

No. 8314, **Page 10.** A breadth of 36-inch white Shantung forms one back and one front (with sleeve). There is an added panel at back centre, mounted with lapped seam. Broad stitched hem. The sides are lapped over each other below hip. Decorate with passementerie shoulder straps (tipped with tassels), and band round sleeve. Close with a few hooks and eyes Can be lined with white silk, or left unlined.. 36-inch material, 8 yards.

A Smart Serge Coat.

No. 8315, **Page 10.** This is in navy South Devon serge, semi-fitting, double-breasted sides and back restrained by a high waist belt. Face fronts with the serge. Handsome pocket flaps. Decorate with black silk cord and olives. Coat closes with a few buttons (flat pearl) and buttonholes made in right front facing. Collar of white silk, decorated with the black cord, with turn over revers of white silk. Two-piece sleeve. Line with white silk. Coat looks lovely in white serge, white cords and green velvet collar. For patterns send to the South Devon Serge and Blanket Warehouse, Teignmouth, Devon.

Elegant Coat and Skirt for Sergee Shantung, or Linen.

No. 8316, **Page 11.** Looks well in tan linen, white serge, or alpaca, &c. Five-gore pleated skirt (pleats, in groups, wheelmarked on pattern), unlined. Wear over a five-gore foundation skirt. Hem the skirt. Smart French coat, neatly fitted, but not tight, the waist short at back. Stiffen single-breasted fronts and face with white satin (for serge). A strap of the serge or linen edges fronts, decorated with false buttonholes of cord and metal buttons. Waistcoat of white silk (for serge), braided. Close edge to edge with hooks and eyes. Waistcoat is inserted in side seams. Two-piece coat sleeve. Line with satin cut on coat pattern but seamed apart, 52-inch serge, 7 yards. For patterns of serge. send to the Royal S. Devon Serge and Blanket Warehouse, Teignmouth, Devon.

Matron's Silk Coat and Cashmere Skirt.

No. 8317. **Page 12.** Seven-gore cashmere skirt, the tablier braided. Wear over a silk foundation skirt. Coat in the new Ottoman silk, black or dyed to match skirt—a back, four sides, two fronts of Ottoman silk, a two-piece sleeve. Fronts, back, and sleeve are braided like skirt. Collar is faced with white silk or moire. Line with white silk, cut on coat pattern, but seamed apart. 46-inch cashmere, 5 yards; 22-inch Ottoman, 8 yards.

Matron's Lace Mantle.

No. 8318, **Page 12.** The six-gore skirt has crossed fronts lapped on an added panel. Looks well in serpent-green or heliotrope dyed shantung. Charming lace mantle, pleated on the shoulders, decorated with velvet band and chenille fringe. Looks well in Ottoman silk, the velvet bands replaced by lace. Back is very pretty. 22-inch material, 6 yards. Fronts are tipped with tassels.

Matron's Summer Gown.

No. 8319, **Page 12.** Looks well in striped alpaca. Skirt like No. 8318, but the fronts are not crossed on the panel. The blouse is prettily pleated on the shoulders (pleats wheelmarked on pattern), trimmed with lace and tassels. Tucked plastron and blouse collar of silk. The sleeve is folded to flat pattern (finished with a tucked lower sleeve of the vest material, tucked before cutting). 42-inch striped alpaca, 7 yards.

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A Blue Serge Frock.

No. 8320, **Page 13.** Short skirt with wide stitched hem. Blouse of the serge, with one deep tuck on each side, back and front (wheelmarked on pattern). Close at back. Big velvet buttons and velvet belt. Detachable lawn collar. Shirt sleeve with buttoned wristband. 42-inch serge for a girl of seven, 3 yards. For the serge send to Messrs. Hartley and Co., the Yorkshire Warehouse, c30, Stanningley Road, Leeds. The skirt is supported by a bodice (front and two backs) of lining.

Girl's Pleated Frock.

No. 8321, **Page 13.** Cut for a girl of eight. Pleated princess dress, pleated but with plain front panel (pleats wheelmarked on pattern). Strap the low neck. Decorate with buttons. Dress closes at back. Velvet belt. One-piece elbow sleeve, with velvet cuff. Wear with any detachable chemisette and undersleeves. Good model for cashmere, serge, linen, &c. 48-inch material, 3-yds.

Boy's American Shirt and Knickers.

No. 8322, **Page 13.** Two-piece knickers of serge, closing in front over a fly-lap. Blouse of white flannel—a back and two fronts. Box-pleat down back. Front box-pleat is cut with left front. One-piece sleeve with cuff band. Collar of the flannel. For a boy of five years, 36-inch flannel, 2 yards. Silk tie. Straw hat.

Boy's Suit of Striped Flannel.

No. 8323, **Page 13.** Two-piece knickers made like No. 8322. Coat has a back and two fronts, fronts faced with the flannel. Pocket slit in left front. Coat can be unlined, seams and facings bound for neatness. There is no collar, the wide hem-stitched collar belonging to the linen American blouse beneath. Coat sleeve, stitched to simulate a cuff. 31-inch flannel for a boy of four, 3 yards.

Girl's Linen Skirt and Blouse.

No. 8324, **Page 13.** Useful model. Skirt is slightly full at waist. Deep hem. Blouse is tucked on shoulders, front box-pleat cut with right front. Pleat and tucks are wheelmarked on pattern. Turn-over collar. Shirt sleeve with deep cuff. Trim linen with Cash's hemstitched frilling and beading. 29-36-inch linen for a girl of ten, 5 yards. For the linen, send to Messrs. Hartley, the Yorkshire Warehouse, c30, Stanningly Road, Leeds.

No. 8370.—A PRETTY LINEN BLOUSE.
For Descriptions see Pages 33 to 36.
Price of Paper Pattern, 6½d., post free, from MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

Girl's Pleated Tunic.

No. 8325, **Page 13.** Of check zephyr, double-breasted, closing on left. Large white broderie collar. One-piece sleeve with cuff band covered with broderie cuff. Closes with buttons and buttonholes (made in an underfold) or with Newey's Imperial Spring Hooks and "Neweye" bars. Black leather belt. Face fronts with the zephyr. 36-inch zephyr for a child of five, 3 yards.

Pretty Tucked Blouse.

No. 8326, **Page 14.** Makes a pretty bodice to wear with pleated skirt of same material—shantung, voile, linen, &c. Tuck material before cutting front, backs, upper and under of sleeve. A lace panel finishes sleeve and forms a yoke strap, decorated with velvet ribbon and buttons, made up of narrow insertion. Yoke made up to flat pattern with lace insertion. Rows of insertion should be let into the skirt also, if of the blouse material. A band of embroidery edges the neck and sleeve pieces, holding the buttons of the ribbon straps. 36-inch material (before tucking), 6 yards.

Pretty Linen Blouse.

No. 8327, **Page 14.** Tucked back and two tucked fronts (tucks wheelmarked on pattern) buttoning down centre over a jabot of lace. Below the little jabot fronts close invisibly. Decorate with buttons and braid buttonholes. Tuck collar to flat pattern. Gigot sleeve, decorated with buttons and cord buttonholes. Looks excellent with skirt to match—a complete dress. 36-inch linen, 2½ yards.

Blouse for a Muslin Dress.

No. 8328, **Page 14.** A front and two backs, decorated with lace and braid, arranged into a lace yoke. Lace band collar. Ruffled sleeve. Gather on a thread and adjust sleeve fullness on the wearer. 36-inch muslin, 4 yards

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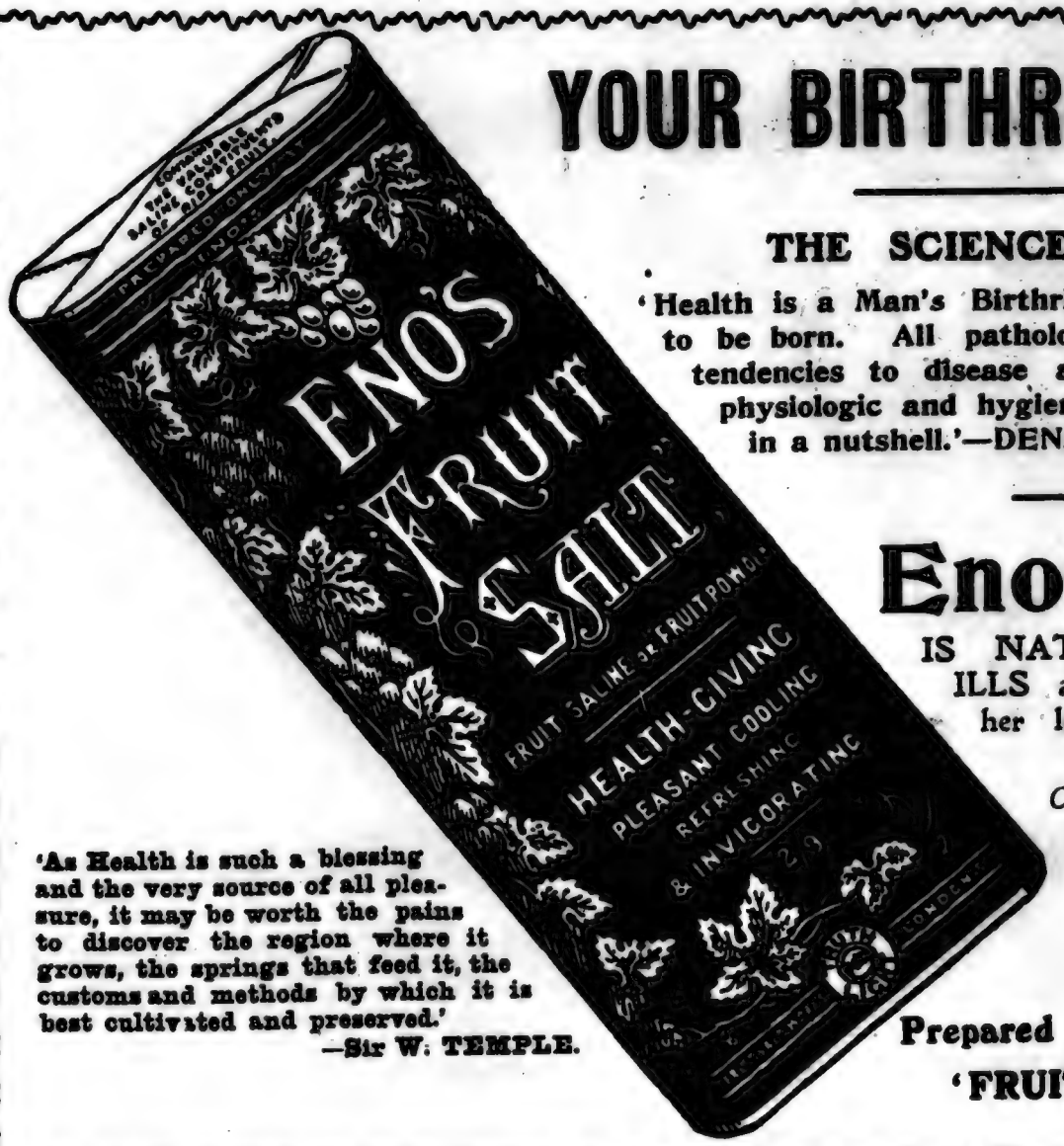

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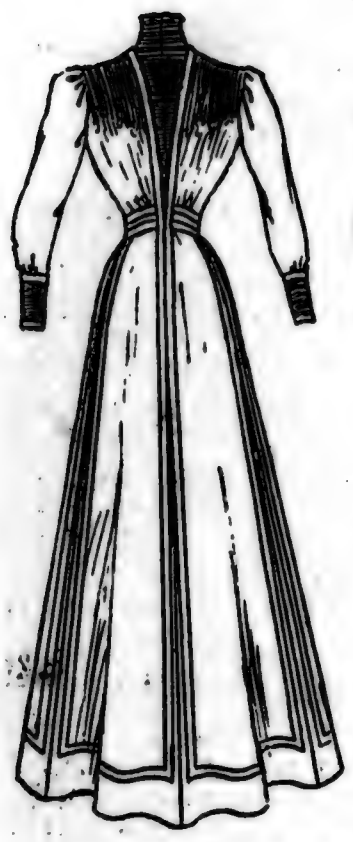


BACK VIEWS OF THREE OF OUR FOUR FREE PATTERNS.

Tucked Blouse or Dress Bodice.

No. 8329, **Page 14.** A double-breasted right front, a back, and a narrow left front, tucks wheelmarked on pattern. Can close on left or at back. Decorate left opening with cord loops and buttons. Long sleeve, cut from tucked material by flat pattern. Tuck collar to flat pattern. Velvet tie and belt. Looks well with sunray pleated skirt to match. 36-inch material, 5 yards.

A Linen Princess Gown.

No. 8330, **Page 15.** A five-gore, high-waisted skirt, front seams lapped and braided, decorated with buttons and braid buttonholes. Braid decorates sides and backs. This is stitched to the bodice—two backs and two fronts cut with upper and under of long sleeve, a shaped front panel and two shaped back panels (mounted with braided lapped seams). Sleeve is finished with a panel cut from tucked linen. Yoke and collar of tucked muslin and lace. Dress closes at back. 36-inch linen, 12 yards.

A Charming Blouse Suit.

No. 8331, **Page 15.** Five-gore skirt of spotted muslin, tucked into blouse (tucks wheelmarked). Front is embroidered and decorated with lace or broderie medallions. Blouse is a front and two backs tucked into skirt (tucks wheelmarked), made up of broderie, spotted muslin, and lace, stitched together and made upon pattern. Top is scalloped all round, filled in with a spotted muslin yoke. Collar is tucked to flat pattern. Make up sleeve in tucked material and lace insertion on flat pattern. 36-inch muslin, 12 yards.

Evening Gown with Stole Bolero.

No. 8332, **Page 16.** Princess dress of mauve satin, mounted on a silk bodice lining, which is stitched to the silk foundation skirt. Top of lining is veiled with folds of white spotted silk muslin. Draped unlined sleeve of the muslin. Beautiful bolero-stole of lace, with long fringed ends. The edge all round is outlined with beading or very narrow lace. 46-inch satin, 7 yards; 21-inch lace, 6 yards.

A Charming Muslin or Shantung Frock.

No. 8333, **Page 17.** Slightly full five-gore skirt, the edge tucked to flat pattern. This is secured to the bodice—a front and back panel of tucked muslin (tuck muslin before cutting), two fronts, two backs. Pretty fichu of muslin, decorated with embroidered muslin, lace and a muslin frill. Waistbelt of lace, stitched in place. Cut away the muslin beneath lace. Tucked collar and tucked sleeve (on cross), cut from tucked material. Gown fastens at back. Fichu does not reach belt back or front, ending in ribbon rosettes. 36-inch muslin, 12 yards. This is also very charming in mauve shantung or oulard.

Lovely Overdress of Lace, Foulard, or Floral Muslin.

No. 8334, **Page 17.** This is a seven-gore princess dress, the upper part draped by being gathered into the large armhole and band yoke of lace insertion. It fastens at back. Looks beautiful in fine linen, to be worn over any blouse. Dress should not fit too closely. In transparent material should be worn over a silk princess under-dress, on which is secured the front and back panels of tucked plain muslin. The underdress or blouse holds the tucked long sleeve. Cut sleeve and bodice panels from tucked muslin. 22-inch foulard for overdress, 11 yards.

Lovely Utility Gown.

No. 8335, **Page 18.** For afternoon or evening wear. For the evening the underblouse is omitted, leaving a low neck and an open elbow sleeve. Underblouse is quite apart. Long seven-gore skirt of soft satin, slightly draped, mounted on a low-necked bodice lining, to which is stitched the silk foundation skirt. The bodice, mounted on this is a front and two backs of the satin, cut in one with the sleeve, which is broached together with buttons matching the jewelled lace on the front. 42-inch satin, 8 yards. The under blouse consists of a tucked sleeve of silk muslin (cut from tucked material), a tucked front and two backs of muslin. Tuck collar to flat pattern Exquisite and most useful model, in black or some sombre shade. Blouse could be white. For evening only, white is exquisite, but white for day wear would only do for a bridal gown—the model is well adapted for bridal purposes.

Nos. 8371 & 8372 Nos. 8373 & 8374

Nos. 8375 & 8376 Nos. 8377 & 8378

DAINTY DETAILS OF DRESS.

For Description see pages 33 *to* 36.

Price of Paper Patterns, each 3½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

Evening Gown with New Panier Draperies.

No. 8336, **Page 19.** Excellent and very new model, for very soft or transparent materials like silk voile, œolienne, &c. Seven-gore satin skirt, stitched to the fitted satin bodice lining, the back part veiled with voile. Gracefully draped tunic of the voile, pleated up to suggest paniers. The silk bodice lining is veiled with voile draperies and a corselet of lace mounted on satin, with broad velvet (or satin) ribbon shoulder straps. Bodice closes at back as invisibly as possible. Cut sleeve from tucked voile. 48-inch voile, 7 yards.

An Embroidered Satin Evening Gown

No. 8337, **Page 19.** Lovely high-waisted skirt with with double tablier, the right side drawn to the left and draped. This draped part is embroidered with shaded yellow chrysanthemums, the berthe faced with white silk. The skirt is hooked on to the lined evening bodice of lace, which is veiled with an embroidered satin bolero. Transfers (front and two backs) of the bolero embroidery can be had, price 4½d., post free. It is easy to embroider the skirt by getting two more transfers, cutting up the sprays, and re-arranging them. 46-inch white satin, 9 yards.

Smart Summer Millinery.

Nos. 8338 to 8340, **Page 20.** No. 8338. Hat of Tuscan straw, trimmed with black velvet ribbon and large roses. No. 8339. Hat of green crinoline, with crown of white muslin broderie. Pale green ribbon draperies and very pale mauve roses. No. 8340. Drawn brim of silk, with lace "beehive" crown. Wreath of flowers. Ribbon bows and strings matching the brim.

A White Linen or Serge Coat and Skirt

No. 8341, **Page 21.** Five-gore skirt, tablier with lapped seams, the left seam (where is the opening) decorated with buttons. Smart sacque coat, crossed fronts, closing with buttons and buttonholes (made in right linen front facing). Seams are open at side and back seams. Edge all round is braided. 36-inch linen, 13 yards. The neck is cut open in a novel way for coolness, prettily braided. Smart coat sleeve. For the linen, send to Robinson and Cleaver, 40B, Donegall Place, Belfast.

A Coat-and-Skirt of Striped Flannel, Linen, Alpaca, &c.

No. 8342, **Page 21.** Five-gore skirt of striped flannel, broad front with lapped seams (lap, but not turning, given in pattern). See that stripes run straight down centre of breadth, joining at seams in V points. Line with batiste or wear over a washing foundation skirt, mounted together at top and opening only. Smart coat with two-piece front, with lapped seams front and back (laps given in pattern). Face fronts with the material. Coat is double-breasted, but closes only on the bust with one button. Face reefer collar with the material. Two-piece coat sleeve. If washing material is used, coat is not lined but for facings, but alpaca should be lined silk. 36-inch material, 13 yards.

A Summer Coat and Skirt.

No. 8343, **Page 22.** The pretty circular skirt has the tablier trimmed with washing braid. Smart three-quarter coat with two-piece front. Front and back seams decorated like tablier seams. Pretty, novel sleeve, trimmed (like pockets and facings of collar and revers) with buttons and braid false buttonholes. The whole dress is unlined except for collar and front facings. 36-inch linen, 7 yards.

A Smart "Mediæval" Gown.

No. 8344, **Page 22.** The new style—a fitted princess to the hip with added gathered or pleated skirt. This model has the sides and backs of added skirt gathered on the fitted braided princess top. Front panel is all in one, and is plain, mounted with lapped seams. A shaped strap decorates the low neck, which is fitted with

a yoke cut from tucked silk, decorated with a lace yoke piece. Tucked collar, decorated with lace. Gown closes at back. Sleeve is braided, with added silk puff and epaulet sleeve of the braided material. 48-inch material, 8 yards,

Blouse of Voile, Silk, Muslin, &c.

No. 8345, A front and two backs, tucked
Page 23. (tucks wheelmarked on pattern) and decorated with lace. Cut away material beneath lace. Deep collar, supported on bones, finely tucked at top edge to flat pattern. Shirt-sleeve tucked (tucks wheelmarked into cuff). 42-inch material, 2 yards. Can close in front (beneath central lace band) or at back.

Dainty Muslin or Net Blouse.

No. 8346, A full front and two backs,
Page 23. gathered into a three-piece yoke cut out of tucked net or muslin. Decorate with lace edging and motifs. Tucked sleeve (cut out of tucked material). Lace and net collar. 36-inch material, 4½ yards.

Linen or Muslin Shirt-Blouse.

No. 8347, Two fronts and back, right front
Page 23. cut with panel to be covered with lace or broderie (edged with frills). Collar and cuffs of the lace or broderie, edged with frills. Shirt sleeve. 36-inch material, 3½ yards.

Tucked Lawn or Linen Blouse.

No. 8348, Tucked front and two backs, the
Page 23. irregular tucks wheelmarked on pattern. If narrow material is used, join under a tuck. Tucked collar and sleeve, tucked to flat patterns. 36-inch white linen, 2 yards. For the linen, send to Robinson and Cleaver, 40B, Donegall Place, Belfast.

How to Make Up Striped Muslin, &c.

No. 8349, The seven-gore skirt is full at
Page 24. the top, the fullness of pattern being fitted on the figure by diminishing—or totally hiding, according to width of stripe—the paler stripe. The edge is trimmed by a strip of the material taken up one selvedge. The low-necked blouse has a double right front, a narrow left front, and a one-piece back, pleated on flat pattern by hiding the whole light stripe, leaving a solid block of the darker colour to the bust line. The neck is decorated with a band of the striped material eased into shape. A frill of silk or muslin matching paler stripe, hides the fastenings on left. The sleeve is cut with stripes horizontal, the top pleated to flat pattern to hide the pale stripes. Where material is too narrow, join at selvedges, making stripes meet. Detachable chemisette of broderie. 31-36-inch material, 11 yards. Silk belt matches darker stripe.

Blouse Suit of Fine Linen, Muslin, &c.

No. 8350, Seven-gore skirt, the tablier made
Page 24. up to pattern with tucked material and lace or broderie. The sides and backs are tucked (tucks wheelmarked on patterns). Decorate with lace or broderie. To this skirt is stitched the blouse—tucked backs and fronts, each back and front in one piece (tucks wheelmarked on pattern). Front and two back panels are made up of lace and tucked material to pattern. Gown fastens at back. Sleeve is made up on pattern with tucked material and lace. Collar of the lace or broderie. 36-inch material 10 yards.

Pretty Style for Striped Alpaca, Linen, Tweed, &c.

No. 8351, Five-gore skirt, tablier cut with
Page 24. stripes horizontal. In cutting sides and backs, see that stripes run down centre of breadth, meeting in V points at seams. A silk braid edges tablier. Where material is not wide enough, seam breadths together, the stripes made to meet. Wear over the five-gore foundation skirt, made apart, but secured to skirt at top and side opening. Smart coat—two backs, six sides, and two two-piece fronts, the stripes beautifully fitted. Edge coat with silk braid. Coat fronts faced with white satin. Waistcoat fronts, closing edge to edge with hooks and eyes, of white broché or faille, can be added, or the coat can be left open. Line coat with white satin or silk, cut on coat pattern but seamed apart. Two-piece sleeve cut on cross, lined with silk. 52-inch material, 6 yards. Linen would be unlined, except for front facing.

Smart Coat and Skirt for Summer Serge or Linen.

No. 8352, New six-gore skirt of tan serge,
Page 25. unlined, with stitched hem, worn over a five-gore foundation skirt. Smart little coat of the serge, with two-piece fronts, the side and back seams left open and edged with the silk braid which edges coat. Face fronts with the serge. Close with three buttons and button-holes. Roll collar is faced with serge, edged braid. Two-piece sleeve with serge cuff, edged with braid. Smaller buttons finish cuff. Line coat with silk, cut on coat pattern, but seamed apart. For excellent serge, send to the South Devon Serge and Blanket Warehouse, Teignmouth, Devon. The braid should be black. Satin (black) could replace the braid. Good model also for tan linen or striped alpaca.

Smart Linen Over-Dress.

No. 8353, To be worn over any washing
Page 25. blouse. Sides and backs of skirt are pleated into bodice (pleats wheelmarked), but the front is cut in one with bodice, the central panel of bodice being tucked on shoulder (tucks wheelmarked), with lapped seam. Back and front is cut with little kimona sleeve. A band of linen decorates the neck, cut with slots, which are worked and run with a broad ribbon tie. Excellent model. 36-inch linen, 9 yards. For the linen, send to Robinson and Cleaver, 40B, Donegall Place, Belfast.

Striped Linen or Zephyr Over-Dress.

No. 8354, To wear over any blouse. A neatly
Page 25. cut skirt, decorated with a band of plain zephyr, matching dark stripe. Kimona blouse, cut with sleeve, seamed on shoulder to keep stripes straight. Shoulder is tucked (tucks wheelmarked). Trim with bands like skirt. Closes at back. 36-inch zephyr, 11 yards. For the zephyr send to Hartley and Co.'s, The Yorkshire Warehouse, 30c, Stanningley Road, Leeds.

Underwear of Lace and Lawn.

Nos. 8355, 8356, & 8359, No. 8355. Under-
Page 30. slip, the yoke made up to pattern of lace insertion, joined by ribbon-threaded beading. A back and two fronts of lawn, with added basque. A box-pleat down front holds the buttonholes. Short sleeve, edged beading and lace. 36-inch lawn, 2¼ yards. No. 8356. Chemise with yoke of lace and tucked lawn, the lace threaded with ribbon. The lawn chemise is gathered into the yoke beneath a band of lace. 36-inch lawn, 3 yards. No. 8359. Night-dress to match, the yoke made up to flat pattern with tucked lawn and lace. The wide open sleeve is edged with a lace-trimmed frill. 36-inch lawn, 7 yards.

One-piece Dressing Gown of Fine White Linen.

No. 8357, Fronts and back are cut in one
Page 30. with the kimona sleeve. Elegant model for Robinson and Cleaver's 72-inch "pillow" linen. Edge neck, right front, and sleeve with broderie Anglaise, two frills of Valenciennes sewn beneath the scallops. The fronts lap over smartly. 72-inch linen, 4 yards.

Embroidered Underwear.

No. 8358, 8360, and 8361, No. 8358. Cache corset of fine longcloth or mull
Page 30. muslin, embroidered in front in fine satin stitch. Edge with worked scallops and draw up with ribbon passed through worked slots. 36-inch material, 1¼ yards. No. 8360. Embroidered chemise. The embroidered yoke passes under arm, and holds the frilled muslin front and back. Edge with lace. Ribbon shoulder straps. 36-inch material, 3 yards. No. 8361. Empire night-dress, yoke and bell cuff embroidered and scalloped. Ribbon run through slots draws up neck and yoke. 36-inch material, 7 yards.

Blouse-Suit of Spot Muslin.

No. 8362, Top of skirt is tucked (tucks
Page 32. wheelmarked on pattern) into blouse. Lower edge is tucked to flat pattern. For tablier tuck material before cutting (joining breadths beneath a tuck). Front of bodice is tucked to flat pattern. Trim with lace. The fichu is made of tucked muslin edged lace. Tuck the material before cutting sleeve, and trim with lace. Everywhere cut away the muslin beneath the lace. Wear over a foundation of silk or mercerised lawn, bodice and skirt stitched together. 31-inch muslin, 12 yards.

Embroidered Blouse of Spotted Shantung or Foulard.

No. 8363, A back and two fronts, right front
Page 32. cut with double box-pleat. Shoulders are tucked. Tucks and pleat are wheelmarked on pattern. Trim with broderie Anglaise. A frill of Shantung decorates left of box-pleat. Pretty sleeve trimmed with broderie. 36-inch material, 2¾ yards.

A Striped Zephyr Blouse and Skirt.

No. 8364, Five-gore skirt, the smart tablier
Page 32. edged with a band of plain zephyr. Pretty blouse, closing at back, with front centre recalling skirt tablier. Can be made as a separate blouse and skirt, or be stitched together as a blouse-suit. The buttons are covered with the plain zephyr. Gigot sleeve, with cuff edged plain zephyr. Detachable chemisette of lace with band collar. 31-inch material, 12 yards.

A Tucked Muslin or Shantung Blouse.

No. 8365, Tuck the material before cutting
Page 32. front, backs, and sleeves. Shoulder straps of lace (cut away material beneath). Lace band collar. Blouse closes at back. 29-36-inch muslin, 6 yards.

Coat and Skirt of Tan Linen or Shantung.

No. 8366, Very smart model. Pleated
Page 32. skirt braided to match, or with white or black silk braid. Long handsome coat, elegantly braided, the collar faced with black silk. Coat closes with two buttons and button-holes. Braid "buttonholes" and buttons (black pearl) on sleeves. 36-inch linen, 8 yards. For the tan linen send to Robinson and Cleaver, 40B, Donegall Place, Belfast.

Embroidered Linen Blouse.

No. 8367, Yoke, cut with front panel, is
Page 32. embroidered in white Flossette cotton. Collar and cuffs are also embroidered. Yoke is in three pieces, hemmed on shoulder, but embroidery is in one piece, worked over seams. Beautiful model. Close at back. 36-inch linen, 3¾ yards.

Baby's Embroidered Bonnet.

No. 8368, A variety of the Dutch bonnet,
Page 33. with a touch of the Marie Stuart coif; no prettier head-gear could be devised for a baby girl twelve months old. The peaked front rim softens the bare forehead, especially if frills of soft Valenciennes are placed beneath it. A pretty feature is the new darts on the ear, which are laced up with baby ribbon, and finish with a big rosette. These darts can be seamed if preferred. The pattern is in two-pieces: the crown, the peaked Stuart front brim. Darts on the front of crown show how it is eased into the corresponding darts of the brim. The brim should be embroidered, stiffened with lino, and lined with thin silk. The bonnet can be of white silk. Half a yard of 20-22-inch material is sufficient. The darts should be stiffened; the whole crown should be lined. The holes for the ribbon lacing should be worked. The nape is frilled up to fit the neck and is piped. The lower edge, between the ear darts and front, is piped. If it suits the child, this part can be left plain, or can be slightly pleated when the ribbon strings are attached.

Smart Frock for the Races, Garden Parties, &c.

No. 8369, The trained gown of serpent-green
Page 34. Shantung, with high waist, is veiled with black silk net embroidered with black chenille and jet. The belt is of black velvet, with long ends and shoulder straps of the same ribbon. The green sleeve is veiled with the embroidered silk net. Black toque. 36-inch Shantung, 13 yards. Wide-mesh Greek net should be used.

A Dainty Linen Blouse.

No. 8370, Tucked front and backs (tucks
Page 35. wheelmarked on pattern) and tucked sleeve (cut from previously tucked linen). Yak lace edges low neck, and straps the front (decorated with two tassels). The drawn-up chemisette is of muslin, with lace band collar. 36-inch linen, 3¾ yards.

For conclusion of Descriptions see page 46.

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M., Carmarthen.

Health and Beauty.

By MISTRESS ANNE PAGE.

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

A. W. C.—In future, when writing for any of the preparations or specialities advertised in this or any of our journals, will you please send direct to the address of the manufacturers that is given in the advertisement? I have forwarded your letter asking for the sample of perfume to the Zenobia Laboratories, Loughborough, who are pleased to send free, on receipt of a penny stamp for postage, samples of their delightful scents to anybody mentioning Myra's Journal. Of course, I had to use another stamp from my own private supply for this purpose.

Irene.—The Petrolate of Sulphur which Mr. Mason, 25, Bank Plain, Norwich, sends, post free, for 2s. 6d. will cure your head of dandruff, and make your hair grow much thicker and more glossy. It will also arrest and prevent greyness.

Henrietta.—Your baby will get over her teething quite easily if you give her Fenning's Children's Powders, which are sold by all chemists, in Government-stamped boxes, at 1s. 1½d.

Carol.—You would sleep better at night if you took a cup of Neave's Food the last thing, and had a hot water bottle for your feet in bed.

Jessie.—(1) The best and safest preparation you can use to reduce the size of your bust is Dr. Horn's Pasta Reducer (sent, post free, for 5s. by Dr. O. E. Horn, D.Sc., 4, Bryanston Road, Talbot Park, Bournemouth), and this will make your upper figure firmer and more trim. (2) The right corsets for you are the "R. S." Patent Reducing Corsets, manufactured by R. Scales and Co., Newark-on-Trent, England. These are sold for 10s. 6d. and 12s. 6d. per pair, post free, and you can have them in any size up to 30-inch waist. If you measure more than this Messrs. Scales will make you a pair specially, and will only charge you 1s. 6d. extra for so doing.

Plain Jane.—I quite agree with you that a clear complexion is more admired than even the utmost regularity of features, and I advise you to cure your face of pimples and blackheads by (*a*) steaming it at night over a toilet-basin of boiling water (hold your face over this and put a towel round the rim of the basin and over your head to concentrate the steam on your skin), drying it in a few minutes' time with a soft towel, and then rubbing some of Mason's Cream of Sulphur (2s. 9d. from Mr. Mason, 25, Bank Plain, Norwich) well into all the troubled skin, and (*b*) taking before each of your meals one of the Tonic Complexion Pills, which the same Mr. Mason sells for 1s. 2d. a box.

Surrey Girl.—The reason why so many girls suffer from blackheads in your part of the world is that the water supplied to you through your taps is very hard by reason of the chalk it contains. You will find in "Trixie's" third answer in our last issue the right way to clear your complexion, but if you want to preserve the beauty of your skin, and prevent it getting wrinkled, and to wash your hair without it getting sticky, and making it poor, you should soften every drop of water that you use for toilet purposes with a pinch of Zobeide Parma Violet Water Softener, which is sold for 1s. 6d. by Mrs. Maine, "Clovelly," Record Road, Emsworth, Hants.

Patsie.—Antipon will soon reduce you to slender proportions all over. It is quite pleasant to take, and perfectly harmless; in fact, the health improves in consequence of taking a full course of it. I advise you to send 4s. 6d. for a bottle, containing more than twice as much as the half-crown bottle, to the Antipon Company, Olmar Street, London, S.E.; when you send the remittance tell them you are a reader of Myra's Journal, and ask them to enclose with the Antipon some of their literature on the subject.

M. M. M.—If you go to a reliable beauty-culturist to have the superfluous hairs removed from your face you will not be put to any pain, nor will any marks be left in your skin. If you care to send me a stamped envelope fully addressed to yourself I will return in it the name and address of an expert and widely experienced lady to whom I advise you to go. She removes from thirty to forty hairs at a sitting successfully and permanently, and she only charges 7s. 6d per sitting. I know personally several ladies who have been treated by her to their great satisfaction.

Farini (Essex Correspondent).—I hope I have your pseudonym correctly, but, in consequence, I expect, of the chilblains on your poor hands, your writing is not very clear. Until those broken chilblains are quite healed you should wash your hands night and morning in warm soft water, lathering them well with Wright's Coal Tar Soap, rinsing this all off again, and drying thoroughly with a soft towel, and then you should anoint them with the following ointment, which any chemist will dispense for you:—Rj. Ung. hydrarg. oxidi flav. P.B., 2 drachms: Ung. Zinci P.B., ad 2 ounces. Misce fiat Ung. M.d.u. You should also take a course of the Zobeide Red Bone Marrow Jelloids (3s. 7d. per box, from Mrs. Maine, "Clovelly," Record Road, Emsworth, Hants), to improve the quality of your blood and encourage a better circulation. In your diet be sure you have plenty of butter and cream, and eat a fair proportion of the fat of meat. If you regularly carry out this treatment, you ought not to be plagued with chilblains any more.

Miss C.—As your complexion never looks clear and bright now, but is always so red, rough, hot, and irritable, especially after washing it in the ordinary way, there is a tendency to eczema in your system, and you should take a course of the celebrated Eczema Powders that are sold for 2s. 8d. per box by Mr. M. F. Thompson, Homœopathic Chemist, 17, Gordon Street, Glasgow. The best curative outward treatment that you can adopt is the following: Instead of cleansing the skin with soap and water, do it with Mason's Cydonia Cream (2s. 9d., from Mr. Mason, 25, Bank Plain, Norwich), which will act quite as well, and will cool and soothe and whiten that poor, hot, red, rough face. Rub it in with a bit of soft lint, just as if it were a lather of soap, and then wipe with a very soft towel. At night massage your face with Mason's Crême Suprême (also 2s. 9d. from the same address), as this will make your flabby tissues firmer, and will heal and whiten your skin, and make it look much finer. The persistent use of these two creams will make you feel the changes in the weather less acutely, and will soon take away all that sensation of hot irritation. In diet, the chief thing to do is to avoid all foods that are salted, bacon, ham, salt, pressed, or corned beef, haddock, bloaters, shell-fish of every description, and salt in your cookery, or at table. For the rest, live as well as you possibly can.

Troubled Mother.—If you will take your little son whose speech is defective, and who stammers so sadly, to Miss Elsie Bond, 44, The Mall, Ealing, W., she will quite cure him. She is most patient, very experienced, and tactful, and her fees are very moderate.

Teresa.—Send the hair-combings you have saved to Miss E. Rose, 2, Blackburn Road, West Hampstead, N.W., and she will make them into a group of beautiful Empire Puffs for you at the extremely moderate charge of 1s. per ounce. Save some more, laying them quite straight out in a long corset box every day when you take them from the comb, and let her make you a hair-frame with them, as it is impossible in these days of enormous hat-crowns to do the hair effectively without an aid of this sort.

Hester.—The things to avoid when suffering from rheumatism of the gouty form are apples, oranges, potatoes (except in thin chips well browned), beans (except the French kind), turnips, the stalky parts of cabbage, beef, and tea. The sole beverage should be barley water with a squeeze of fresh lemon juice in it, and of this you should take at least three pints a day, as, in passing through the digestive system, it seems to gather up and finally eliminate that which causes the rheumatic gout. You can easily make the barley water with Robinson's Patent Barley in powder form.

Veronica.—(1) The best soap to use for your fair skin is the Complexion Buttermilk Soap, which is manufactured by Messrs. John Knight, Ltd., Soap Makers to H.M. the King, the Royal Primrose Soap Works, London, to whom you should send for a sixpenny sample, if your chemist does not stock it. This, used daily, will help to prevent, as well as to cure, freckles. (2) To get your skin quite clear and prevent pimples, take a teaspoonful or so of Eno's delicious effervescing Fruit Salt in cold water half an hour before breakfast every morning every alternate week.

Emily.—In order to get the wrinkles out of your face, and to fill up the hollows in your temples, cheeks, and neck, bathe at night with hot, soft water, dry, and while the skin is humid tap and pat into it some of that delightful hygienic skin food, "Khala," which is sold for 2s. and 3s. 6d. per jar at Messrs. Unwin and Albert's, 17, Regent Street, Waterloo Place, London, S.W. The nightly use of this will soon fill up that "salt-cellar" that spoils the look of your throat for evening dress, and it will beautifully whiten the brown skin, and take that "chicken-flesh" appearance all away.

Enid.—I suppose it is due to the long and severe winter that so many of my correspondents and friends are still suffering from chilblains, especially on the hands and ears. But you can cure yours rapidly, as they are still unbroken, with Mme. Marguerite's Chilblain Cure (1s. 9d. and 3s. 6d. per bottle, from Mme. Marguerite, 11, High Street, Fulham, S.W.), which I have used with the most satisfactory results in my own household.

Maude.—So many boils continually coming on the boy's neck tell of poverty of blood, as well as impurity, and you should give him first of all a course of Clarke's Blood Mixture (sold for 2s. 9d. per bottle by all chemists), which will do him a great deal of good. Dress the affected places night and morning with Mason's Cream of Sulphur (2s. 9d. from Mr. Mason, 25, Bank Plain, Norwich) on a bit of clean, soft linen, and see that he does not wear any linen collar to keep up the irritation.

"I am delighted with your journal and shall take it regularly. —H. P.

HEALTH AND PERSONAL ATTENTION.—See Myra's Answers in "Myra's Journal."

Extract from POSTAL TOILET LIST.

[New and greatly enlarged edition, with chapters on the care of the hair and complexion, &c., and many new preparations, will be sent by return of post, on receipt of stamped address.] Also illustrated pamphlet on Face Massage and the Care of the Complexion, and Mr. Mason's New Book on the Hair, and his new Toilet Hints, may be had gratis.

PHILIP H. MASON, Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.

IMPORTANT NOTICE.—All Articles in this List admit of Postal Transit, and will be delivered free per post in Great Britain at the prices marked, secure from observation, and carefully packed, on receipt of P.O.

DEPOTS ABROAD.—India: The Agra Stores, Ltd., Agra. South Africa: Mr. F. H. Carman, c/o Mr. F. P. Hutchinson, Paarl, Cape Colony. New Zealand: Messrs. Walker and Co., Christchurch. From these Agents any of the Toilet Preparations may be obtained.

THE GARRISON HAIR DYE.—An absolutely harmless hair dye in one solution. Easy in application, rapid, cleanly, and almost infallibly certain in effect. This is the Hair Dye *par excellence* for those who prefer a dye in one solution. Black or Brown, 3s. 6d. per case.

EMULSINE OF CUCUMBERS.—Dr. Anna Kingsford's Formula. Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. These Emulsines resemble the Crême Froide in their general properties, but are prepared for those who prefer an emulsion to a cream. The Thick Emulsine is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the Thin Emulsine is adapted for whitening the complexion, and for summer use.

"Against the crowsfeet use Mason's Thick Emulsine. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the Thick Emulsine. For flushing of the face and dryness of the skin use Mason's Thin Emulsine of Cucumbers. 'Cool as a cucumber,' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crême Froide aux Concombres. As the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s. 6d., 10s. 6d.

PETROLATE OF SULPHUR.—For promoting the growth of the Hair, and for preventing greyness. A new compound, which not only promotes the growth of the Hair, but also largely increases the formation of its colouring pigment. Its use has the effect of nourishing the Hair and increasing its growth, and also of improving its colour, preventing the increase of greyness, and removing that already existing. Price 2s. 6d.

The effect of this, used in combination with the Jaborandi Tonic, has recently been found *most remarkably successful*. A lady writes, "To arrest the greyness I applied the Petrolate of Sulphur regularly every night, rubbing it well into roots of hair, while in the morning I applied the Jaborandi Hair Tonic with a soft toothbrush. I am most pleased to tell you that after one month of this treatment, all the greyness has gone, completely."

BLOOM OF STEPHANOTIS.—An exquisite creamy white skin and complexion powder. It imparts a beautiful natural whiteness and youthful softness and delicacy to the skin. The painful "flushing" of the face, brownness of the neck and arms, undue redness of the face and hands, are obviated by one application. For personal appearance at Court, the Ball, or Concert it is indispensable; it represses the unpleasantness of sensible perspiration and its disagreeable accompaniments. Travellers and residents in warm climates will find it invaluable. It so entirely prevents the discolouring action of the sun on the skin that freckles are almost unknown to those who use it. In polished apple wood case, with toilet puff, 3s. 6d.

"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Powder, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

DEPILATORY (POWDER).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it from attaining a visible growth. The above preparation will do this without injury to the skin. With directions, 2s. per bottle. "Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M.D.

CREAM OF STEPHANOTIS.—An exquisite creamy white skin and complexion cosmetic; imparts youthful softness and delicacy, with a beautiful natural whiteness, to the skin. Composed of perfectly innocent ingredients, this Cream has a most beneficial action upon the skin. It obviates in one application brownness of the neck and arms, or undue redness of the face and hands. For personal appearance at Court, at Balls, or other crowded assemblies, it is indispensable, especially as it represses the unpleasantness of perspiration and its accompaniments. In warm climates it will be found invaluable. Also to prevent the appearance of that unpleasant redness or flushing of the face, which is so common an annoyance. So completely does it prevent the discolouring action of the sun on the skin that freckles are rarely, if ever, known to those who use it. It subdues the redness of the features caused by exertion, cooling the skin in a most delightful manner. 3s. 6d. per case.

SKIN FOOD.—For restoring wasted tissue and removing wrinkles. To this loss of tissue and muscular tone is due the falling away of the face and neck, loss of roundness, and formation of lines and wrinkles, but these conditions can be overcome by a steady use of the Skin Food. Its use also enables the skin to retain for many years the clear, smooth, velvety surface that is associated with youth. 2s. 9d. and 7s. 6d.

FOR OTHER HAIR DYES AND COLOUR RESTORERS SEE THE ENTIRE LIST.

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

X MISTRESS ANNE PAGE says:— X
The Quickest and Safest

FAT-REDUCER

I know is **Dr. RITTERS'S SPECIFIC,** in small tasteless Capsules, 2/6, post free, from
DR. O. E. HORN, 4, Bryanston Rd., Bournemouth.
X *Med. and Analytical Reports on application.* X

ASTROLOGY.

Your future important events foretold. Marriage partner described, business, speculation, changes, legacies, lucky days, planet, &c. Send birth date, 1s. P.O., stamped envelope.—MADAME MARION, 4, Robertson Avenue, Edinburgh. Strictly private. Immediate replies.

FOR MORE THAN TWENTY YEARS
DR. DAVIS'S FAMOUS PILLS

have been universally admitted to be a boon. They are the best-known remedy for Anæmia, Giddiness, Loss of Appetite, Hysteria, Debility, Depression, Weakness. Boxes, 9½d., 1/1½, 2/9, 4/6, and 11/-. To be obtained from Chemists and Patent Medicine Vendors everywhere, or direct from the Proprietor, 309, Portobello Road, Notting Hill, W. Send for free sample and invaluable booklet.

NOSES & EARS.

Noses.—The only patent Nose machines in the world. Improve ugly noses of all kinds. Scientific yet simple. Can be worn during sleep. Send stamped envelope for full particulars.
Red Noses.—My long-established medically approved Treatment absolutely Cures Red Noses. 3/9 post free. Foreign, 1/6 extra.
Ugly Ears.—My patent Rubber Ear Cups remedy ugly outstanding ears. Hundreds of successful cases. 7/6 post free. Foreign 1/6 ex.
W. LEES RAY, 10E Central Chambers, Liverpool.

2/- INSURES YOUR COMPLEXION

Dr. HARLAN'S
BEAUTY-CUP MASSAGE
For the Face, Neck, Arms and Body.

Hundreds of unsolicited testimonials.

"No woman who owns one of these wonderful little Cups need have any fear of wrinkles or blackheads."

The simplicity of this scientific system of self-applied massage, and the speed with which it clears the complexion, are almost beyond belief. A single soothing application of the little Beauty-Cup produces remarkable results. Blackheads in many cases are banished in sixty seconds. It pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms and neck, and plumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. **Dr. Harlan's Beauty-Cup** sent by mail in plain wrapper—with our Beauty Book—to any address for 2/1 P.O. (abroad 2/6 M.O.)
Address, **H-HIGHWATER LABORATORY Co.,**
1—11s Exchange Building, Southwark, London.

TOO FAT

The **Zobeide Tissue Absorbers** will thin you. Price 2/6. The Zobeide Beauty Belt for the speedy reduction of Hips and Abdomen. No Pressure. No Dieting. Price 25/6 and 31/6. —Mrs. MAINE, "Clovelly," Record Road, Emsworth, Hants (late 41, Conduit St., W.).

THE NEW HYGIENIC SKIN FOOD FOR GENTLEWOMEN.

KHALA

IS A CLEANSING EMOLLIENT OF EXQUISITE PURITY.

KHALA prevents all redness, roughness, or chafing of the skin; by nourishing the tissues it gradually effaces all lines, and absolutely protects the complexion from the ill-effects of exposure to high winds, and extreme heat or cold. To ladies motoring, yachting, mountaineering, etc., it is simply a necessity.
KHALA is not a cosmetic; based on the formula of a great physician it contains neither lard nor glycerine and cannot injure the skin of the tenderest babe.

Price 2s. and 3s. 6d. "Baba" Brand (unscented) for Nursery use, in large jars, 4s.

From the ARMY & NAVY STORES, London, Calcutta and Bombay; HARROD'S; WHITELEY'S; and all first-rate Stores and Chemists.
Wholesale: MAY, ROBERTS and CO.

A HEALTHY COMPLEXION

Can only be secured by a healthy state of body.

Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.

WHELPTON'S VEGETABLE PURIFYING PILLS

Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.

See that you get WHELPTON'S, and do not accept anything "**just as good.**"

9158

EMPLOYMENT BUREAU.

Employment Bureau.

FREE REGISTER.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice *must be cut* out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed, and a stamped, addressed envelope.

TO BE ANSWERED in these columns in the next number, letters must reach the office on or before the 25th of the month.

NOTICE.—May I once again point out to my correspondents that letters intended for this Bureau should be addressed to me personally, and that unless this is done some delay must inevitably occur.

No. 706.—Babies' frocks, well made, in flannel, veiling, cashmere. Hand sewn. Tucks on skirt, good lace edging at neck and wrists; 6s. each; in viyella, 7s. each.

No. 707.—Dressmaker at ladies' houses. Town or country. 3s. 6d. a day from 9.30 to 6.30. Or at home. (Chiswick.)

No. 708.—Finest laundry work. Muslin, silk, lace, etc., articles. Colour preserved in goods. Needlework of any kind. Underwear, fancy work, etc. Ladies' own designs copied. Many testimonials.

No. 709.—First-rate needlewoman (three years at dressmaker's) wants place as sewing maid, children's maid, under nurse, or young lady's maid. Would go as mother's help where there is a servant kept. Aged seventeen.

No. 710.—Upholstress—Loose covers, carpets, renovations, etc. (Beckenham.)

No. 711.—Renovations.—Dressmaking. At ladies' houses or home. Highly recommended. (W.)

No. 528.—Fancy embroidery.—Bazaars and brides' parcels. Ladies' materials worked up cheaply. Lovely opera bags, 4s. 6d.

No. 692.—Dainty hand-made lingerie at moderate prices. Nightdresses and camisoles a speciality. Orders solicited.

No. 701.—Dressmaking.—At home or ladies' houses. Any sort of work. Good references. (Greenwich.)

No. 674.—Dressmaker, experienced. Ladies' houses or at home. Ladies' materials also made up. References. Renovations. (Tunbridge Wells.)

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

ANSWERS TO CORRESPONDENTS.

HAND-MADE LINGERIE (M. L. R.).—I am so glad to hear that the letter I sent on to you did mean orders, and also that your work gave satisfaction. You have indeed been busy, and I suppose they were all orders. I will certainly remember you if I get any inquiries.

RENOVATIONS, ETC. (E. S.)—I have noted your new address, and I am indeed sorry to hear that your eyesight has been so bad. Nothing is more trying—for nothing is more valuable, and I trust that your eyes will soon be all right. I suppose for the present that you do not want anyone sent to you. I am sure it was very vexing to have to turn work away, but such an illness gives one no option. Thank you for your sympathy. My many readers—whom I know and feel are my friends—have been most kind in their expressions. Few indeed are there amongst us who do not fall victims at some time or other, and a fellow feeling *does* make us wondrous kind. I think you were very wise to change your abode, and I hope you will like your new quarters. The sort of treatment you experienced is most annoying.

PRIZE WINNER (Miss E.).—My department is Employments only; I have nothing to do with the prizes.

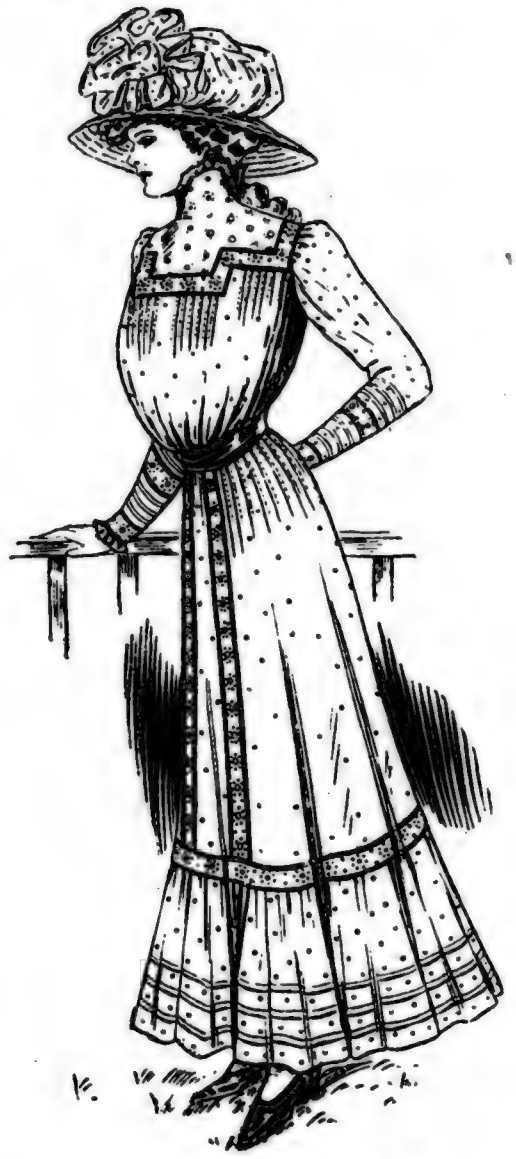
"NOTICE FOR RE-INSERTION" (A. P.).—The non-appearance of your notice was due to the fact that owing to the Easter Holidays we had to go to press much earlier than usual, and when your letter arrived my MS. had been in the printers' hands for some days. I am glad to hear that you have been so successful in obtaining engagements through "Myra." I do not know the usual conditions of engagement of visiting dressmakers, but I should have imagined needles and cottons

No. 8379 Nos. 8380 & 8381

GIRL'S OVERDRESS AND OVER-BLOUSES.

For Description see Pages 33 to 36.

Price of Paper Patterns, Overdress, 1s. 0½d.; Over-blouses, each 8½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*



No. 8382.—GIRL'S MUSLIN FROCK.

For Description see Pages 33 to 36.

Price of Paper Patterns, Skirt, 1s. 0½d.; Blouse, 6½d., post free of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

would be provided. You will find your notice in this issue.

SCHEME PROPOSED (E. A. W.)—As I told you by letter I never see anyone personally—at least I have not done so hitherto—but if you care to write particulars of your scheme, I will give it my careful attention. I gather from your letter that it refers to private dressmakers, and we are always anxious to do our best to forward their interests, so that you could rely on our co-operation if we found your plan to be a feasible one. I hope you will write again and more fully, giving your home address.

EMBROIDERED DRESSES (B. G.).—You will see in the May issue that I gave you a special notice for embroidered dresses and blouses, and I hope the result may be good. I am so glad to hear that your order gave so much satisfaction. Yes, "Hearth and Home" belongs to the same proprietors as "Myra's Journal," and I am so pleased to hear that your advertisement in the former has brought you so many orders. Thank you for all your good wishes. You may be sure that I will remember you should opportunity offer.

PATTERNS REQUIRED (Mrs. Steyn, South Africa).—I sent your letter on to our Paper Pattern Department and I hope you got what you wanted. Our readers beyond the seas are always most welcome, and we like to feel "Myra" is read and appreciated far away. Do not hesitate to write if we can help you.

UPHOLSTERING, ETC. (Miss B.)—I am very pleased to put you on my Register and your notice comes very opportunely, as just at this season of the year so many people require their homes furbished up.

LETTER FORWARDED (L. B.).—Your letter was duly received and forwarded.

DRESSMAKER (A. L. T.).—Notices should reach me by the 20th if possible; at any rate not later than the 25th. I hope the dressmaker whose name I gave you will be able to give you work. She has often applied to me for assistants, but most makers seem to dislike a country place, and think it far from London, which it is not really. I hope she will be able to give you work.

WORKER WANTED (Mrs. C., Crowborough.).—I sent your name and address to a correspondent who wanted a place as sewing-maid. Miss T. sent your letter on to her in which you say you want someone to sew and do housework, so perhaps this applicant may suit you.

DRESSMAKER (A. H., Ealing).—I am glad to hear from you again, and am very pleased to learn that you look upon me as "an old and valued friend." I really think that the majority of my correspondents share your views, and I can truly say that I reciprocate their sentiments. Just at the moment I am not wanting what you offer to make for me, but later on I will write to you. I have many friends who want work of that kind done, so if I find a worker satisfactory I do not fail to recommend her; but I find it is useless to recommend anything but absolutely first-class work. People won't have anything else nowadays. You have not sent a notice up, but I suppose you still wish to be on my Register? Times, indeed, are difficult for everyone, and as you say, the only thing is to do one's best.

DRESSMAKER (Mrs. H., Tonbridge).—What a nuisance that those premises did not suit; but I am sure you are wise to wait till you can get just what you want. I have not had any enquiries from your neighbourhood just lately, but I hope to do so ere long. I should strive all I could to extend your connection locally. It is always wise to do so, as naturally it is to the residents around you must look for the bulk of your orders.

DRESSMAKER (Miss T.).—I am putting you on my Register, and trust that you may obtain some orders.

KNITTING, ETC. (M. M.).—Thank you for your courteous letter. I shall hope to hear from you again later on, and am glad to hear that you are so busy.

BABIES' FROCKS (J. H.).—I am putting a notice for you in my Register, and the prices you mention seem to me to be reasonable enough. Everything depends, of course, on the fineness of the work. The charge varies accordingly. You might try some of the shops which sell layettes, etc., and see if you could get any orders in that way.

AS SERVING-MAID, ETC. (M. H.).—I hope you will look in the advertisement columns of one of the papers that I recommend to you. I am putting you on my Register; possibly something may result. Please let me know what your friend does.

TEA-ROOMS (Lucy B.).—I think you have got an exaggerated idea of the money to be made in concerns such as these. To begin with the competition is tremendous, and not only caterers but shops of all kinds have these places. I certainly do not advise London; you would stand a far better chance in some country or seaside place visited by a good many people, yet not big enough for many shops. The only way is to explore. I met a lady who had been a governess and who took a small confectionery business in the country, where she supplied teas, etc., sweets, home-made cakes, etc. It was a rising residential part, popular with golfers, and yet with hardly any shops. As you are evidently a clever cake maker you should stand a good chance. Be particular to have everything very clean when you do start, as nothing, I firmly believe, matters so much as this. It would perhaps be well to get some practical experience of the working of a tea shop before starting one for yourself. I can give you the address of one run by ladies in the Isle of Wight if you like.

JOURNALISM (Kitty MacB.).—As you ask me to reply frankly, I will do so. Personally, I don't believe journalism can be taught. You have the flair or you have not and there it is. When anyone writes, as you do, and says she wants to be a journalist, "as it must be nice to write if only there is something to write about. Can you suggest anything?" I can but suggest that she should adopt some other calling. Journalism does not, as a rule, mean wealth, save in exceptional cases, and unless it is work you really love and understand I do not see any prospect in it. Your mother is perfectly right, and I feel sure if you follow her advice and turn your evident talent for languages to some account you will do better. Translating is not particularly well paid, as a rule, but as you understand many languages that are a sealed letter to most people, you stand a better chance than the average linguist. The publisher you mention is quite first-class, and if, as you say, you can bring influence to bear with him I advise you to do so. Let me know how you get on, and if you want further advice.

STARTING A BLOUSE SHOP (Mrs. K.).—Personally I advise a crowded thoroughfare like Oxford Street in preference to Bond Street for an enterprise such as yours. A friend of mine went into the matter thoroughly once and that was her opinion. I quite agree with you that there is a market for well-cut blouses at a moderate price. The majority of people cannot afford to pay large sums or fancy prices, and a ready-money business with a large turnover and quick profits is what you should aim at. Also make a specialty of large sizes at the same prices. You will have that field almost to yourself and find plenty of patrons. I wish you all success.

A FAIR OF FASHIONS.

I have received particulars of a fair that should be of much interest to all women interested in dress. This is to be a big show to be held from June 26 to July 3, in the Horticultural Hall, Vincent Square, of everything appertaining to dress-gowns, hats, neckwear, boots and shoes, belts, gloves, and, indeed, every detail of the toilette will be found there. Most of the famous French firms of modistes are sending toilettes, and Vienna and Berlin will also show what triumphs of modistic art they can achieve. One of the most novel and interesting parts of the show will be the exposition of the very latest gowns by living models, chosen of course for their powers in exhibiting a gown to perfection, who will appear in different attire throughout the day, every sort and kind of frock will be exhibited thus, and it is thought that this will convey many suggestions to would-be wearers. There is also to be a wonderful show of lace by the Imperial Royal Austrian Government, arranged under the direction of H.I.R.H the Archduchess Maria Teresa of Austria. Everything will be of the finest quality, including specimens made under the microscope "to ensure absolute accuracy of workmanship." There is to be a loan collection of historic costumes, and women photographers will be interested to hear of a competition (in which prizes to the value of £150 are to be awarded) "for the best representations of women famous in history, in art, literature, or the drama." Photographs of the competitors in costume to be entered in the competition on or before May 10.

FATE Know Your Destiny

THE STARS TELL

3,000 LETTERS OF APPRECIATION

from every class of society (from nobility downwards) prove the exactitude and fidelity of my Horoscopes. My results absolutely establish the reliability of ASTROLOGY—the most ancient of all sciences. Let me prove it to you. I will send a TEST HOROSCOPE, comprising seven pages and cover, on receipt of 1/- P.O., and 1d. stamp for postage. *Simply give date, month, and year of birth—time if known.* My full Horoscopes have proved of infinite service to society leaders, politicians, authors, business men, &c. Do not neglect the opportunity of investigation, but send TO-DAY.

YOUR MONEY RETURNED IN FULL IF NOT SATISFIED.

Prince S—— writes: *"Your predictions have proved remarkably true and most valuable to me in the light of recent events."*

Countess of C—— says: *"Permit me to congratulate you upon the remarkable reading you gave me last year; your predictions are coming very true."*

MR. NEWTON VERITY, 4, Duke Street, Adelphi, London, W.C.

CAST-OFF CLOTHING

of all kinds Purchased. Highest Prices given. Prompt remittance for Parcels received.

EDWARDS, 3, Market Parade, Green Street, Forest Gate, London, E.

When ordering Articles Advertised,

Please mention "Myra's Journal."

SPRING, 1909. THIBAUT et Cie., Sutton Courtenay, Berks.

"ASTRAL"

The best and purest Cream for all Furniture. No labour required in its use.

Pink Label for Oak, Mahogany, &c. TUBES 6d. & 1s.
White Label for Satinwood, &c.

From Harrod's, Whiteley's, Selfridge's, Army and Navy Stores, &c., or Post Free from Manufacturers.

INFANT'S LAYETTE; CLOTHES FOR THE YEAR OLD BABY.

For Descriptions see page 43.

Price of Paper Patterns, each 6½d.; Bib, Vest, and First Drawers, each 3½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

An Infant's Layette

(For Illustrations see Figs. 1-7, page 42.)

INFANTS' clothes are showing an agreeable diminution in luxury. From the first the garments are only semi-long, which enables the infant to wear the same things for many months. In some cases the skirts are short enough to serve for the "short-coated" layette required three months later; but, even when longer than this, the short-coating process needs only a small piece off the top of the skirt. The bodices are made, therefore, longer and very roomy, drawn up on runners, so that they hold the child's increasing bulk. The flannels, for the same reason, lap well over. Many have a pleat down the back which can be let out.

The layette designs include figs. 1-7, in the illustration on page 42.

The American fashion of having everything to fasten in front does not seem to take on here, where the back fastening is almost universal, except for flannels.

Fig. 2 shows a very good first flannel, which laps well in front and has a pleat at the back, where bodice and skirt are cut in one. This is cut long, because the end laps over and ties with strings to protect the child out of doors—the shorter clothes are apt to be a risk to the very young baby, especially in the winter. A half-width of flannel makes each side of the skirt, and the mitred central back pleat takes another half width. The pleat is stitched down, and there is no fulness in the skirt where it joins the bodice. *No* white petticoat is worn at the earliest, except under a transparent elaborate robe. The ordinary nursery dress and night-dress (fig. 4) are not transparent, being of very fine cotton or linen fabric, trimmed with a little soft frilling and embroidery (never put where it might touch and irritate the infant's skin). The style is of the simplest—a width of the material doubled over to form the shoulders, and mitred near the top to fit loosely across the child's body. The fulness is gathered beneath a band of embroidery in front (fig. 4), beneath which the hemmed strings (to tie at the back) are secured. The lower edge (two full widths) is tucked, and has a broad hem. There can be a collar, but this is rather hampering to a child. A little frill is better, though less pretty.

Fig. 5 shows the robe—a double-width of nainsook gathered into a yoke of fine broderie decorated with lace medallions, insertion and edging. There is a flounce at the lower edge to give a look of extra fulness. For those who prefer the older conventional style of robe, fig. 7 is a good model, of nainsook decorated with diagonally tucked bands, lace flounces, &c., and a rich sash.

Under its flannel the child wears a flannel binder (not hemmed, merely torn from the roll, fig. 3), and a little fine knitted woollen vest, which is generally bought ready made.

No. 8383.—A BEAUTIFUL RACE GOWN.
For dyed mauve Shantung, beautifully tucked, trimmed with black lace and a panel of embroidery. 36-inch Shantung, 12 yards.
Price of Paper Pattern, 1s. 6½d., *post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

"Myra's Journal is the best fashion book one can buy and the Free Patterns are lovely."—M. Y. A.

Fig. 6 shows a new and very protective bib of double piqué, stitched together and edged with Valenciennes. It buttons round the neck, and has two ends, which button round the waist. It is edged with Cash's Frilling.

Fig. 1 illustrates a pretty but simple pelisse of white cashmere lined with silk, tying with ribbon bows. The cape has pretty ribbon appliqués, and a lace flounce headed by ribbon-threaded beading. The circular skirt is set plain into the little bodice, which has long sleeves. The hood is of white satin and lace.

No simple layette should be without a "slip-skirt." This is two widths of nainsook, smartly tucked and trimmed with lace, edged with a lace flounce. The top is gathered into a band, covered with broderie beading with meshes wide enough to take the ribbon runner. The skirt is slipped over the nursery dress for out-of-doors (the pelisse always shows the dress more or less) or for unexpected visits to the drawing-room, when a pretty silk tea-coat covers the bodice of the nursery-dress.

Clothes for the Year-Old Baby.

(*For Illustrations see figs. 8-15, page 42.*

A noticeable point in the pretty frocks, pinnies, and petticoats worn by toddlers is that the waist is either very low or is in Empire style—with no waist at all. Fig. 12 shows a typical frock, made of white cashmere, finely tucked into a scalloped yoke, which is embroidered with white silk. The white satin sash is tied very low on the dress, which is edged with lace. The little sleeve, on a smaller lining, has an embroidered cuff.

A pretty pelisse for the toddler is shown at fig. 13, made of the finest white serge silk-lined, edged with flounces of white silk broderie anglaise. The pelisse is of Empire type—skirt set plain into the bodice. The pelisse buttons down the front.

The sash tied low, as in the frock fig. 12, requires a low-waisted petticoat (fig. 10). The bodice is the chief part, the skirt being a mere frill edged with lace.

Fig. 11 is a dainty little muslin overall, to smarten a plain nursery frock. It is tucked into a yoke of broderie anglaise, and has a full epaulet sleeve, edged with broderie. It buttons at the back, and in summer time would serve as a frock over a petticoat.

Fig. 9 is a good model of the first drawers, to be worn over the necessary towel. The legs are feather-stitched, edged with Cash's frills or lace. There is no opening, as the drawers are slipped on and the top band is drawn up with a runner.

A pretty but simple tea coat is illustrated at fig. 15, made of fine white serge, edged with hemstitched silk frill. The edges above the frills are embroidered in spots with white silk in satin-stitch.

Fig. 14 shows a dainty little pair of shoes in embroidered white kid to wear with openwork white socks.

A Crawler Overall is a very necessary part of the year-old baby's outfit.

SHOPPING BY POST.

HOME DECORATION.

The bright sunshine of April and early May has made the interiors and exteriors of our homes look very dingy. One must be prosperous to send off at once to a decorator and to have all faded places made new, and in these days money is apt to be less plentiful than is quite agreeable in the pockets of paterfamilias.

Numbers of people like painting a wall or a staircase, but the trouble is the paint. Few people have any experience in the art of mixing paint, and so many paints sold ready in tins, &c., are anything but durable—they look shabby after a month or two, and will not stand weather. However, I can recommend a splendid ready-made paint—Maurice's "Porceleine," which is specially prepared in two sorts—for outdoor and indoor purposes. It is a real pleasure, using this paint. A gentleman I know has painted the lower part of the wall in his dining-room with Maurice's Porceleine in a soft Gobelin green. The wall was a good one, but as he could not afford a wooden filet to top his Porceleine dado, he finished it with a darker green band of the paint. Maurice's Porceleine is a splendid paint for the bath room, as well as for the bath itself, as it can be kept so clean.

The paint being so durable and beautiful, it is advisable to ask your decorator to use it. Maurice's Porceleine is in over 70 shades, including special tints for baths. It is made up in tins and drums. One gallon of Porceleine will cover 600 square feet of wall. All oil and colourmen, all stores, &c., keep Maurice's Porceleine.

SWANWICK FAST BLACK HOSIERY.

In discussing last month, for the benefit of our readers, this attractive hosiery, by a printer's error the name was published spelled with a final "h" instead of "k." Everybody knows, however, Swanwick Fast Black Hosiery, and all ladies valuing inexpensive but high-class openwork black stockings this summer have laid in a stock of the lighter openwork and embroidered varieties, which show the superiority in taste as well as in texture of the Swanwick Fast Black Hosiery.

THE CLEANING OF OUR SUMMER BLOUSES.

Not only our smarter blouses but our linen frocks and tailor suits are made up in such a style that the delicate art of the cleaner rather than the rougher laundry process has to be called into play. When one has a delicate muslin blouse, fleecy with lace and daintily embroidered with mauve silk, who would be stupid enough to give it an ordinary tubbing? No; it should be sent to Messrs. Clark (9, Hallcroft Road, Retford), who will return it as fresh and perfect as when new for the small price of 1s. 3d., they paying the carriage one way. Smart dresses will be dry cleaned for 4s. This is much these days when our tan linens are strapped with black satin, to say nothing of a multiplicity of black satin buttons and false buttonholes! What would the laundress make of these? So send for a price list to Messrs. Clark without delay, and save your dainty (and expensive) *lingerie* dresses from destruction.

GOLF AND GOLFERS.

Golf—that purely British game, long counting multitudes of votaries in Scotland and in a few English places, like Blackheath—has by degrees taken by storm the hearts of all English men, women, and children. Many of them play admirably, but the majority will not learn how to play correctly, and, therefore, miss the keen enjoyment of being one of the *real* players on the links.

No one properly "picks up" golf unless he or she is in the habit of frequenting the links with relatives or friends who are excellent players. Much time and disappointment is saved if only the novice starts in the right way. Those who can afford it, and who have no skilled friend available, should go round the course over and over again with a professional golfer who will put them in the right way. If there is no professional available, there are excellent books on the game written by experts. I always think that women should teach women, because they know best the peculiar strength and weaknesses of their own sex; and lady golfers who wish to start well (or to improve acknowledged defects) should get Mrs. Gordon Robertson's book, "Hints to Lady Golfers," which is clear and concise, the descriptions illustrated by capital photos taken by Miss Annie Bell. A good many blank sheets are left, on which the player can write the invaluable hints she picks up from good players. The little book (only 2s. 6d.) is published by Walbrook and Co., Fleet Printing Works, Whitefriars Street, E.C.

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen.' —N.B

Results of the Prize Competition.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay.

Competitors are requested to write each hint or recipe on a separate sheet of paper and to write on one side of the paper only.

A coupon of the current number of MYRA is essential, and hints or recipes, however good, will not be considered unless accompanied by a coupon. L. HOPE.

PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following prize recipes:—

HADDOCK AND CHEESE TOAST.—A good way to use up the remains of a dried haddock is as follows:—Chop the haddock very fine, grate some cheese and mix with the haddock, add a little pepper and salt, put a small piece of butter in a saucepan. When it is melted add one egg and the haddock and cheese. Stir over the fire for a few minutes. Serve on hot buttered toast.—Miss BEDFORD, 12, Priory Crescent, Southover, Lewes.

CARAMEL WALNUTS.—½lb of walnuts, 2oz of ground almonds, ½lb of icing sugar, the white of an egg, ½lb of glebe sugar, ½ a teacupful of water, ½ a teaspoonful of cream of tartar. Break the walnuts and remove the husks, put sugar and the ground almonds into a bowl, add the white of an egg (stiffly beaten). Roll out the mixture into small balls and place half a walnut on each side. After they are all done set aside to dry. Boil the sugar, water, and cream of tartar till it thickens like toffee, and is a nice pale yellow. Drop the walnuts in one by one, and lay on greased paper to dry. They will be ready in half an hour.—Miss SOLOMON, Cornwall Park, Newton Stewart, N.B.

GINGER CAKE.—Ingredients: 4 teacupfuls flour, 1 teacupful fine sugar, 1 teaspoonful each of ground ginger and cinnamon, 3 tablespoonfuls butter, 2 tablespoonfuls treacle, 3 eggs, ½lb sultanas, ½lb currants, 1 teaspoonful baking soda, and a little sweet milk. Mix flour, sugar, spices, and fruit together. Melt butter and treacle and mix with the eggs. Pour all over the other ingredients. Mix well. Add enough milk to make a stiff batter. Add soda last and beat thoroughly. Pour into greased tin and bake in a moderate oven for 1½ hours.—S. TULLOCH, Messigate, St. Andrews, Orkney.

MARGUERITE PUDDING.—Apricot or strawberry jam, 4oz flour, 1 teaspoonful baking powder, 2 tablespoonfuls milk, 2oz butter, 2oz castor sugar, 1 egg. Grease a pudding basin well, then put in the basin two tablespoonfuls jam, beat the sugar and butter to a cream, add the beaten egg and milk, then the flour, and lastly the baking powder; beat all together well. Put on top of jam, cover with a buttered paper, and steam for two hours. Serve with sherry or brandy sauce, or plain sauce, if preferred.—Miss M. PURSGLOVE, Morningside, Park Road, Lytham.

COMMENDED AND RECOMMENDED.

GOOSEBERRY TRIFLE.—Two pints of gooseberries, ½lb of sugar, ½ a pint of custard, three pennyworth of sponge cakes, and about one pint of cream. Top and tail the gooseberries, put them with the sugar in a stewpan with a little water and cook until soft, put the sponge-cakes into a dish (glass), pour the gooseberries over them, and then the custard over the fruit. Leave till cold, whip the cream until it is nice and stiff, and then heap it roughly all over the top (if preferred the cream could be coloured with cochineal).—Maidstone.

CREAM CAKES.—Half pound of flour, 2oz of butter, ½ teaspoon of powdered ginger, 1 flat teaspoon of cocoa powder, 1 flat teaspoon of caraway seeds, 2oz of sugar, 2oz of currants, 1 teaspoon of baking powder, half a cup of cream, and a little milk. Mix the dry ingredients together, then make into a soft dough with the cream and milk. Divide into twelve parts and bake in a quick oven.—MONTENOTTE, co. Cork.

SOUFFLE OF COD'S ROE.—Take a cod's roe, one egg, salt and pepper, and a little milk, then tie up the roe in a piece of muslin, and boil until quite firm; put it into cold water, remove the skin, and cut into thin slices. Put these in a greased pie dish, and pour over them the yolk of the egg beaten in a cupful of milk, and seasoned with salt and pepper. Lastly, add the white of the egg, whisked to a froth, and bake in a moderate oven for half an hour.—Tunbridge Wells.

AN EASY WAY TO COOK RICE.—Bring a quart of milk to the boil, and just as it rises sprinkle in four ounces of rice and the same of sugar. Close the lid, and remove it where it will just simmer for three-quarters of an hour without raising the lid, when it will be found tender and creamy. Requires no stirring or attention.—Kent.

STUFFED VEGETABLE MARROW.—One medium-sized marrow, ½lb cooked meat, 1 small onion (parboiled), 4 tablespoonfuls of gravy, bread-crumbs. Method: Chop the meat and onion finely. Soak the breadcrumbs in half the gravy, now mix altogether, and add seasoning. Peel and cut the marrow lengthways, and scoop out the seeds. Have a pan of boiling water ready, add salt, and boil the marrow ten minutes. Take it out carefully, and drain well. Lay the mixture on half the marrow, put the other piece of marrow on the top. Place in a pie-dish in the oven, add half a pint of stock, cover with a dish, and bake twenty minutes. Thicken the gravy, and pour round the marrow.—Wolverhampton.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
BEST HOUSEHOLD HINTS.

A COOKING HINT.—Don't guess quantities; stick to weights and measures. If you have lost weights, remember these handy hints: One halfpenny and one threepenny-piece, together, weigh ¼ ounce. One two shilling piece and one sixpence, together, weigh ¼ an ounce. Three pennies weigh 1 ounce; 12 pennies ¼ of a pound. An ordinary teacup holds 4oz of flour. A pint jug holds ½lb of flour.—N. ALLAWAY, 6, Warkworth Avenue, Whitley Bay, Northumberland.

TO BOTTLE FRUIT.—Put the fruit into bottles or jars, then place in a fairly hot oven, and when hot through fill up the jars with boiling water, and pour on melted fat to about half an inch in thickness, and tie down immediately.—C. HARDING, Smithfield End, Swanbourne, Bucks.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following hints:—

TO RID A ROOM OF FLIES.—If you are annoyed with flies in your bedroom, soak a sponge in oil of lavender and tie it to the top of the bed. Flies hate the smell of lavender, and will not approach it.—Miss MUNRO, 15, Broadwater Down, Tunbridge Wells.

(1) TO KEEP MUTTON DRIPPING FROM SETTING HARD.—Directly the dripping is poured out of the baking tin or dish, set the vessel containing it on the stove and let it cool gradually. It will be found to be as soft as good beef dripping. (2) A bay leaf put into beef or mutton gravy and taken out again before serving, gives a very rich flavour. A little dry mustard put in the pan when making pork gravy gives a piquant flavour, and also counteracts the richness of the pork.—(Mrs.) H. STORR, 5, Albury Ride, Waltham Cross.

TO FILL CRACKS IN OLD FLOORS.—This winter I found great discomfort in the room in which I sit to work through there being cracks in the boards, and found that the following plan remedied such. Hence housewives who have noticed during the winter such draughts from ill-fitting boards, may be glad to pursue the same procedure before another winter reaches us. I shredded enough paper to fill a large pillow, then put it into a pot and boiled it in water. Then after stirring it well I added to every quart of the mixture a handful of gum arabic. I then let it simmer again till it was of the consistency of thick cream, and poured it into the cracks whilst hot, smoothing it down carefully. When cold it set nicely, and filled up the cracks in a manner equal to putty, and of course at considerable less cost. I found that where it was necessary to have it painted to match the rest, it took paint, stain, and varnish equally well.—Miss MOLLIE KENNEDY, Dashwood Road, Banbury.

SIMPLE METHOD OF OPENING AND CLOSING UPPER HALF OF WINDOWS.—Take four strong picture screws with rings, fix one each side of window frame about twenty inches from top. Also fix one each side in the flat top (screw upright). Take two lengths of white window cord, each three yards long, tie it into lower rings and pass through upright rings only. Purchase four wooden tassels like those attached to ordinary venetian blind stay cords. For opening window, draw tassel attached to the tied-in cord; for closing, the one through the upper rings. Cost for each window, 8d.—ETTY LEMORE PRITT, 42, Chaddock Street, Preston, Lancs.

COMMENDED AND RECOMMENDED.

TO MAKE FLANNELETTE NON-INFLAMMABLE.—A little alum added to the water in which flannelette is rinsed makes it non-inflammable.—Kent.

A HOUSEHOLD HINT FOR THE COOK.—When lining a basin with paste for a beef-steak pudding, cut a piece of the paste away from the bottom about the size of a two-shilling piece. Then put in the meat as usual, and it will be found that the pudding will take an hour less to cook than if lined in the ordinary way.—Scotland.

USES OF COMMON SALT.—Salt in whitewash makes it stick. Salt puts out a fire in the chimney. Salt used in sweeping carpets keeps away moths. Salt as a gargle cures a sore throat. Salt put on ink freshly spilled will remove the stain. Salt thrown on soot which has fallen on carpet will prevent stain. Salt in the oven under baking tins will prevent their burning on the bottom. Salt on the fingers when cleaning fowl, meat, or fish will prevent slipping.—Eltham.

TO REMOVE INKSPOTS FROM CARPETS.—As soon as the ink has been spilled, take up as much as possible with a sponge, then sponge repeatedly with cold water, next rub the place with a little wet oxalic acid or salt of sorrel, wash off immediately with cold water, and then rub on a little hartshorn.—Darlington.

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and

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Competitors must send in their Recipes and Hints on or before June 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

COOKING RECIPES.
JUNE, 1909.

HOUSEHOLD HINTS.
JUNE, 1909.

Correspondence.

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Maimie.—(1) The curls (or rather *rolls*) all over the head are still very fashionable. By your photo your head seems to be a very good shape, well mounted on the neck, and it would be a great pity to dress the hair too large and hide the beauties of the head—none too common, unfortunately. Choose a hat with as small a crown as possible, as most crowns are made now to fit over large pads. You can also have a false crown inserted to fit on the top of your head and keep the hat from falling over your face. See that the milliner does not put on too much trimming—the curious idea of to-day to extend the crown, by one means or another, to the very verge of a very wide brim. This would overpower a figure which, though small, seems dainty and perfectly proportioned. (2) For the serge, send to Hartley and Co.'s, 30c, Stanningley Road, Leeds.

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Wanderer.—This is a clever writing, showing a fair amount of energy, with a very quick-working mind, and you possess the gift of easy speech and expression. Impulsive by nature, yet you have trained yourself to be very painstaking, patient, and very correct about all details. Very conscientious and honourable, fond of friends and social life. A great liking for languages and literature, particularly poetry. The signature shows refinement, caution, and a certain amount of originality.

Vera D.—Your writing shows you to be kind and generous, always willing to extend a "helping hand." You often suffer from depression, but I hope things will be brighter for you later on. You possess keen penetration and a good judgment, and are very practical in all things. Occasionally impulsive, yet you often hesitate and are very mistrustful of yourself. Energetic, and once having made up your mind can be very tenacious. The signature shows a good sense of beauty of form and perception, which should help you very much in your work.

Snowdrop.—A tendency to depression is shown by your writing. Your ideas and thoughts are clear, but are apt to be too self-centred, try to interest yourself in others more. Generous, but very reserved, and would not give your confidence easily. Should be fond of outdoor life and country scenery. Much imagination and sense of form are shown. The temper is quick, and you would always like to stand well with your friends. Proud, cautious, and yet ambitious.

Descriptions of the Illustrations.

(Concluded from p. 37.)

Dainty Details of Dress.

Nos. 8371 to 8378, Page 36. No. 8371. Velvet ribbon hair ornament. No. 8372. Pretty neck bow of pleated silk and two kinds of lace. Small pearl buttons. No. 8373. Pleated muslin neck band and jabot. Velvet tie. No. 8374. Overblouse of lace, with short sleeve, hemmed with velvet and lined with chiffon. No. 8375. Hand bag of silk, edged with fringe and decorated with buttons. No. 8376. A pretty belt with rosette and ends. No. 8377. Smart bodice decoration of lace and velvet ribbon. Can be used to turn a low-necked bodice into a high-necked model.

Girl's Serge Overdress.

No. 8379, Page 40. Very good model—a skirt and corselet bodice in one, to be worn over any blouse. The bodice front is finished with two straps which pass over the shoulders and button at the back. Sash of ribbon, passed under front by cutting two slots (and working them) in the serge. For a girl of fourteen, 48-inch serge, 5 yards. Can be made also in linen.

Girl's Overblouses.

Nos. 8380 and 8381, Page 40. No. 8380. A back and two double-breasted fronts, cut low and finished with two stitched straps. Should match skirt (of linen, serge, &c.). Closes with buttons on left. To wear over any blouse. 48-inch serge, ¾ yard. No. 8381. Back and fronts are cut in one piece, buttoned over under the arms. Back is short. Fronts pass under belt. Very good model. Large armhole. 48-inch serge, 1¼ yards.

Girl's Muslin Frock.

No. 8382, Page 40. A tablier, two tucked sides, and two tucked backs (tucks wheel-marked on pattern), finished with a full flounce (tucked to flat pattern). Decorate with broderie insertion. Pretty tucked blouse (tucks wheel-marked on front and back) with yoke and band collar of broderie anglaise. Long sleeve, the lawn front tucked to flat pattern and trimmed with broderie. 29-inch muslin, 10 yards.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
JUNE, 1909.

DRESS AND HAIRDRESSING.
JUNE, 1909.

HEALTH AND BEAUTY.
JUNE, 1909.

GRAPHOLOGY.
JUNE, 1909.

ETIQUETTE.
JUNE, 1909.

COOKERY & HOUSE MANAGEMENT.
JUNE, 1909.

"Your patterns are so excellent I do not care to use any other."—A.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, June, 1909.

DRESS AND MILLINERY.

SKIRTS, Navy or Black, to measure, 5s. 6d. —Pinchback, 53, Guildford Road, Greenwich.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—Madame White, 299, King's Road, S.W.

MILLINERY.—Fur hats made from old furs.—Miss A. Blanch, 299, King's Road, Chelsea.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

BLOUSE LENGTHS 10d., DRESS LENGTHS, 2s. 3d.—Latest designs. Save middleman's excessive profits; buy direct. Patterns free.—The Fancy Muslin Co., 19, Cannon Street, Manchester.

Lady has some good CAST CLOTHING to sell; nice condition. No dealers. M3750

White and mauve VOILE DRESS, twice worn, 6s. 6d. TWEED COSTUME, lined, ¾ coat, good, 7s. 6d. 21, 42. M3749

DRESSMAKER, daily or at home. Experienced. Renovations.—326, Moseley Road, Birmingham.

LADIES' SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

PARCEL UNDERCLOTHES; APRONS, 5s.; new cream BLOUSE, 4s.—Holly Cottage, Solway Hill, Woodford.

NEEDLEWORK, DRESSMAKERS, &c.

First-class DRESSMAKING, ladies' and children's.— M. Walker, 66, Natal Road, Streatham.

DRESSMAKER, daily, town, country. Ladies' houses. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

DRESSMAKER, cut, fit, renovate. Out or home.—Miss Ganz, 36, Amber Road, Finsbury Park, N.

LADIES' AND CHILDREN'S DRESSES, COATS, BLOUSES. Embroidery, Braiding by hand. Fit and work guaranteed.—Madame Annette, 5, Rudloe Road, Clapham Park, S.W.

Madame Beatrice makes smart COSTUMES, COATS and SKIRTS, BLOUSES. Moderate charges. Ladies' materials made up.—58, Burlington Road, Bayswater.

Millicent Wright, 45, Artesian Road, Westbourne Grove. LADIES' MATERIALS. Terms moderate.

DRESSMAKER, daily or at home.—Miss Connery, 48, Stansfield Road, Stockwell.

CUTTING AND FITTING for home dressmaking.—Mrs. Wood, 110, Ledbury Road, Bayswater.

DRESSMAKER, daily: dresses, blouses, mantles, renovations.—Bates, 57, Ranelagh Road, South Belgravia, S.W.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

For Sale.—PRIVATE DRESSMAKING CONNECTION near Southsea and Portsmouth.—Particulars on application. M3748

NAVY, BROWN, GREEN COSTUMES, BLACK SILK SKIRTS.—Violet, 71, Oakfield Road, Anerley.

Ladies' and Children's DRESSMAKER. Fit guaranteed.—Mrs. Hudson, 44, Lancaster Road, W.

DRESSMAKER, daily, or at home. Renovations, alterations, Blouses speciality.—Mrs. Goddard, 35, May Street, West Kensington.

Morland, LADIES' TAILOR, Modes et Robes.—79, Elm Park, Brixton Hill, S.W.

Miss Gilbert, 103, Cheneys Road, Leytonstone, Essex.—EXPERIENCED DRESSMAKER. Terms moderate.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £5 10s., cost over double; other articles equally cheap.—Williams, 69, Ringmer Avenue, Fulham.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

COOKERY BOOKS.—Six Recipes, approved by Letitia Hope, in M.S. Book with detachable, washable, embroidered linen cover. Work recommended by Blanche Fitzmaurice. Price 5s. Linen Envelopes for stray recipes, 3s.; Special Recipes, 1s. extra. "Mrs. Glasse," c/o Miss Sterling, 14, Bartholomew Road, Kentish Town, London, N.W. Cash with order.

MUSIC neatly and strongly bound in limp covers, 9d. to 1s. M3731

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

MISCELLANEOUS.

HAIR STAINS, permanent, harmless, in all shades. Send piece of hair. 1s. 3d. per bottle.—Blanch, 299, King's Road, London.

HELEN IRVY'S CREAM for long silky eyelashes and brows. 1s. 3d. by post.—Irvy, 180, High Street, Notting Hill Gate, W.

Sunny Southsea.—SUPERIOR APARTMENTS. Good Cooking. Home Comfort.—Glendale, 138, Orchard Road.

Ladies' plain seamless MERINO STOCKINGS, 2s.—Miss Holton, 4, Oldhams Terrace, Acton, W.

Hand-made NET HAMMOCKS, all prices.—Bowden, 35, High Street, Herne Bay.

10s. 6d. silver-mounted UMBRELLAS, 4s. 8d. (new). Lucky NAIL TRIMMERS, 1s. 2d., possessors lucky. Satisfaction guaranteed.—Truro, Longford Road, Bognor.

LESSONS in DRAWING and PAINTING by Bronze Medallist. North London.—Miss R. Lawrance, 29, Hilldrop Road, Camden Road, N.

LADIES' COMBINGS mounted into tails, 1s. per oz.; puffs, frames, fringes, &c.—Miss Rose, 2, Blackburn Road, Hampstead.

BREATHING, PHYSICAL EXERCISES, VOICE PRODUCTION, ELOCUTION, taught by trained, certificated, experienced teacher. M3745

Lady has some CAST-OFF CLOTHING to suit working people. No dealers. M3746

Journalist coaches in FASHION JOURNALISM, correspondence, shorthand; manuscripts revised. Very moderate terms. M3747

Ladies, DON'T DYE YOUR HAIR. It can be restored to its original colour at a small cost. Highly recommended by Myra's Journal readers. Strictest privacy.—Miss Warrington, 25, Mysore Road (opposite Shakespeare Theatre), Clapham Junction.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. JUNE, 1909.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss E. Baker, 4, Chapel Street, Forest Gate.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Miss Claydon, 243, King's Road, Chelsea, S.W.
Miss Connery, 48, Stansfield Road, Stockwell.
Mrs. England, 440, Edgware Road, W.
Mrs. Glover, 3, Redburn Street, Chelsea.
Miss Gregory, 52, Wiltshire Road, Brixton, S.W.
R. Harvey, Oxford House, 329, Goldhawk Road, W.
Mrs. Lucy Hughes, 196, Beresford Street, Walworth.
Miss Olga, 29, Mill Lane, West Hampstead.
Miss Pearl, 18, Bruce Road, South Norwood.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss Price, 24, Gordon Road, Kingston-on-Thames.
Miss Rees, 38, Nutford Place, Bryanston Square.
F. Ryan, 198, Walton Street, Chelsea, S.W.
Miss M. Smith, 3, Pakeman Street, Holloway, N.
Miss M. Trowbridge, 56, Upham Park Road, Chiswick, W.
Mrs. Warriner, 39, Hamilton Street, Camden Town.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood.
M. Davies, 19, Jedburgh Street, North Side, Clapham Common, S.W.
Mrs. Duggan, 103, Park Street, Greenheys, Manchester.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss E. Farbrother, 1, The Owls, Gloucester Rd., Kingston Hill, S.W.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Mrs. Horner, 70, Barden Road, Tonbridge.
Mrs. and Miss Johnson, 9, Ampton Street, Gray's Inn Road, W.C.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Misses Leftwich and Bush, 54, Blomfield Road, Maida Hill, W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Mrs. Morgan, 47, Burnaby Gardens, Grove Park, Chiswick, W.
Edith M. Perry, 46, Reporton Road, Fulham, S.W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Mrs. Teague, 123, Poole Road, Westbourne, Bournemouth.
Miss Trowbridge, 56, Upham Park Road, Chiswick.
M. H. Vinter, 13, Osborne Villas, Hove.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Mrs. Anstead Wood, 110, Ledbury Road, Bayswater, W.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. Bailey, 31, Riley Road, Brighton.
Emilie, 185, Westbourne Grove, W.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Miss M. Owen, 2, Legg Street, Chelmsford, Essex.
Miss A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss Claydon, 243, King's Road, Chelsea.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.

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Tanneby Meane (New Zealand).—I am always willing to make every allowance for my distant correspondents, but I really cannot accept a November coupon when the May issue is out. Neither are three lines on a half-sheet of paper sufficient. If you will send according to rules I shall be very pleased to give you a delineation.

Betty Bankier.—Very many thanks for your interesting letter. Your writing shows excellent sequence of ideas, with animation, impulse, and vivacity. You are cheerful and highly honourable. Much mental culture is shown, and the mind works very rapidly. There is a tendency to irritability; this, I think, is because of that quickness, and you would not always have patience with others who cannot understand and grasp the meaning of things so quickly. You have a great love of beauty, both in colouring and form. Are very observant, and should be a good judge of character. You are fond of social life, and are ambitious, careful of detail, and fond of order and harmony.

Wanderer.—This is a clever writing, showing a fair amount of energy, with a very quick-working mind, and you possess the gift of easy speech and expression. Impulsive by nature, yet you have trained yourself to be very painstaking, patient, and very correct about all details. Very conscientious and honourable, fond of friends and social life. A great liking for languages and literature, particularly poetry. The signature shows refinement, caution, and a certain amount of originality.

Vera D.—Your writing shows you to be kind and generous, always willing to extend a "helping hand." You often suffer from depression, but I hope things will be brighter for you later on. You possess keen penetration and a good judgment, and are very practical in all things. Occasionally impulsive, yet you often hesitate and are very mistrustful of yourself. Energetic, and once having made up your mind can be very tenacious. The signature shows a good sense of beauty of form and perception, which should help you very much in your work.

Snowdrop.—A tendency to depression is shown by your writing. Your ideas and thoughts are clear, but are apt to be too self-centred, try to interest yourself in others more. Generous, but very reserved, and would not give your confidence easily. Should be fond of outdoor life and country scenery. Much imagination and sense of form are shown. The temper is quick, and you would always like to stand well with your friends. Proud, cautious, and yet ambitious.

Descriptions of the Illustrations.

(Concluded from p. 37.)

Dainty Details of Dress.

Nos. 8371 to 8378, Page 36. No. 8371. Velvet ribbon hair ornament. No. 8372. Pretty neck bow of pleated silk and two kinds of lace. Small pearl buttons. No. 8373. Pleated muslin neck band and jabot. Velvet tie. No. 8374. Overblouse of lace, with short sleeve, hemmed with velvet and lined with chiffon. No. 8375. Hand bag of silk, edged with fringe and decorated with buttons. No. 8376. A pretty belt with rosette and ends. No. 8377. Smart bodice decoration of lace and velvet ribbon. Can be used to turn a low-necked bodice into a high-necked model.

Girl's Serge Overdress.

No. 8379, Page 40. Very good model—a skirt and corselet bodice in one, to be worn over any blouse. The bodice front is finished with two straps which pass over the shoulders and button at the back. Sash of ribbon, passed under front by cutting two slots (and working them) in the serge. For a girl of fourteen, 48-inch serge, 5 yards. Can be made also in linen.

Girl's Overblouses.

Nos. 8380 and 8381, Page 40. No. 8380. A back and two double-breasted fronts, cut low and finished with two stitched straps. Should match skirt (of linen, serge, &c.). Closes with buttons on left. To wear over any blouse. 48-inch serge, ¾ yard. No. 8381. Back and fronts are cut in one piece, buttoned over under the arms. Back is short. Fronts pass under belt. Very good model. Large armhole. 48-inch serge, 1¼ yards.

Girl's Muslin Frock.

No. 8382, Page 40. A tablier, two tucked sides, and two tucked backs (tucks wheel-marked on pattern), finished with a full flounce (tucked to flat pattern). Decorate with broderie insertion. Pretty tucked blouse (tucks wheel-marked on front and back) with yoke and band collar of broderie anglaise. Long sleeve, the lawn front tucked to flat pattern and trimmed with broderie. 29-inch muslin, 10 yards.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
JUNE, 1909.

DRESS AND HAIRDRESSING.
JUNE, 1909.

HEALTH AND BEAUTY.
JUNE, 1909.

GRAPHOLOGY.
JUNE, 1909.

ETIQUETTE.
JUNE, 1909.

COOKERY & HOUSE MANAGEMENT.
JUNE, 1909.

"Your patterns are so excellent I do not care to use any other."—A.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, June, 1909.

DRESS AND MILLINERY.

SKIRTS, Navy or Black, to measure, 5s. 6d.—Pinchback, 53, Guildford Road, Greenwich.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—Madame White, 299, King's Road, S.W.

MILLINERY.—Fur hats made from old furs.—Miss A. Blanch, 299, King's Road, Chelsea.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

BLOUSE LENGTHS 10d., DRESS LENGTHS, 2s. 3d.—Latest designs. Save middleman's excessive profits; buy direct. Patterns free.—The Fancy Muslin Co., 19, Cannon Street, Manchester.

Lady has some good CAST CLOTHING to sell; nice condition. No dealers. M3750

White and mauve VOILE DRESS, twice worn, 6s. 6d. TWEED COSTUME, lined, ¾ coat, good, 7s. 6d. 21, 42. M3749

DRESSMAKER, daily or at home. Experienced. Renovations.—326, Moseley Road, Birmingham.

LADIES' SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

PARCEL UNDERCLOTHES; APRONS, 5s.; new cream BLOUSE, 4s.—Holly Cottage, Solway Hill, Woodford.

NEEDLEWORK, DRESSMAKERS, &c.

First-class DRESSMAKING, ladies' and children's.—M. Walker, 66, Natal Road, Streatham.

DRESSMAKER, daily, town, country. Ladies' houses. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

DRESSMAKER, cut, fit, renovate. Out or home.—Miss Ganz, 36, Amber Road, Finsbury Park, N.

LADIES' AND CHILDREN'S DRESSES, COATS, BLOUSES. Embroidery, Braiding by hand. Fit and work guaranteed.—Madame Annette, 5, Rudloe Road, Clapham Park, S.W.

Madame Beatrice makes smart COSTUMES, COATS and SKIRTS, BLOUSES. Moderate charges. Ladies' materials made up.—58, Burlington Road, Bayswater.

Millicent Wright, 45, Artesian Road, Westbourne Grove. LADIES' MATERIALS. Terms moderate.

DRESSMAKER, daily or at home.—Miss Connery, 48, Stansfield Road, Stockwell.

CUTTING AND FITTING for home dressmaking.—Mrs. Wood, 110, Ledbury Road, Bayswater.

DRESSMAKER, daily: dresses, blouses, mantles, renovations.—Bates, 57, Ranelagh Road, South Belgravia, S.W.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

For Sale.—PRIVATE DRESSMAKING CONNECTION near Southsea and Portsmouth.—Particulars on application. M3748

NAVY, BROWN, GREEN COSTUMES, BLACK SILK SKIRTS.—Violet, 71, Oakfield Road, Anerley.

Ladies' and Children's DRESSMAKER. Fit guaranteed.—Mrs. Hudson, 44, Lancaster Road, W.

DRESSMAKER, daily, or at home. Renovations, alterations, Blouses speciality.—Mrs. Goddard, 35, May Street, West Kensington.

Morland, LADIES' TAILOR, Modes et Robes.—79, Elm Park, Brixton Hill, S.W.

Miss Gilbert, 103, Cheneys Road, Leytonstone, Essex.—EXPERIENCED DRESSMAKER. Terms moderate.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £5 10s., cost over double; other articles equally cheap.—Williams, 69, Ringmer Avenue, Fulham.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

COOKERY BOOKS.—Six Recipes, approved by Letitia Hope, in M.S. Book with detachable, washable, embroidered linen cover. Work recommended by Blanche Fitzmaurice. Price 5s. Linen Envelopes for stray recipes, 3s.; Special Recipes, 1s. extra. "Mrs. Glasse," c/o Miss Sterling, 14, Bartholomew Road, Kentish Town, London, N.W. Cash with order.

MUSIC neatly and strongly bound in limp covers, 9d. to 1s. M3731

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

MISCELLANEOUS.

HAIR STAINS, permanent, harmless, in all shades. Send piece of hair. 1s. 3d. per bottle.—Blanch, 299, King's Road, London.

HELEN IRVY'S CREAM for long silky eyelashes and brows. 1s. 3d. by post.—Irvy, 180, High Street, Notting Hill Gate, W.

Sunny Southsea.—SUPERIOR APARTMENTS. Good Cooking. Home Comfort.—Glendale, 138, Orchard Road.

Ladies' plain seamless MERINO STOCKINGS, 2s.—Miss Holton, 4, Oldhams Terrace, Acton, W.

Hand-made NET HAMMOCKS, all prices.—Bowden, 35, High Street, Herne Bay.

10s. 6d. silver-mounted UMBRELLAS, 4s. 8d. (new). Lucky NAIL TRIMMERS, 1s. 2d., possessors lucky. Satisfaction guaranteed.—Truro, Longford Road, Bognor.

LESSONS in DRAWING and PAINTING by Bronze Medallist. North London.—Miss R. Lawrance, 29, Hilldrop Road, Camden Road, N.

LADIES' COMBINGS mounted into tails, 1s. per oz.; puffs, frames, fringes, &c.—Miss Rose, 2, Blackburn Road, Hampstead.

BREATHING, PHYSICAL EXERCISES, VOICE PRODUCTION, ELOCUTION, taught by trained, certificated, experienced teacher. M3745

Lady has some CAST-OFF CLOTHING to suit working people. No dealers. M3746

Journalist coaches in FASHION JOURNALISM, correspondence, shorthand; manuscripts revised. Very moderate terms. M3747

Ladies, DON'T DYE YOUR HAIR. It can be restored to its original colour at a small cost. Highly recommended by Myra's Journal readers. Strictest privacy.—Miss Warrington, 25, Mysore Road (opposite Shakespeare Theatre), Clapham Junction.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. JUNE, 1909.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss E. Baker, 4, Chapel Street, Forest Gate.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Miss Claydon, 243, King's Road, Chelsea, S.W.
Miss Connery, 48, Stansfield Road, Stockwell.
Mrs. England, 440, Edgware Road, W.
Mrs. Glover, 3, Redburn Street, Chelsea.
Miss Gregory, 52, Wiltshire Road, Brixton, S.W.
R. Harvey, Oxford House, 329, Goldhawk Road, W.
Mrs. Lucy Hughes, 196, Beresford Street, Walworth.
Miss Olga, 29, Mill Lane, West Hampstead.
Miss Pearl, 18, Bruce Road, South Norwood.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss Price, 24, Gordon Road, Kingston-on-Thames.
Miss Rees, 38, Nutford Place, Bryanston Square.
F. Ryan, 198, Walton Street, Chelsea, S.W.
Miss M. Smith, 3, Pakeman Street, Holloway, N.
Miss M. Trowbridge, 56, Upham Park Road, Chiswick, W.
Mrs. Warriner, 39, Hamilton Street, Camden Town.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood.
M. Davies, 19, Jedburgh Street, North Side, Clapham Common, S.W.
Mrs. Duggan, 103, Park Street, Greenheys, Manchester.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss E. Farbrother, 1, The Owls, Gloucester Rd., Kingston Hill, S.W.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Mrs. Horner, 70, Barden Road, Tonbridge.
Mrs. and Miss Johnson, 9, Ampton Street, Gray's Inn Road, W.C.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Misses Leftwich and Bush, 54, Blomfield Road, Maida Hill, W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Mrs. Morgan, 47, Burnaby Gardens, Grove Park, Chiswick, W.
Edith M. Perry, 46, Reporton Road, Fulham, S.W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Mrs. Teague, 123, Poole Road, Westbourne, Bournemouth.
Miss Trowbridge, 56, Upham Park Road, Chiswick.
M. H. Vinter, 13, Osborne Villas, Hove.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Mrs. Anstead Wood, 110, Ledbury Road, Bayswater, W.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. Bailey, 31, Riley Road, Brighton.
Emilie, 185, Westbourne Grove, W.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Miss M. Owen, 2, Legg Street, Chelmsford, Essex.
Miss A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss Claydon, 243, King's Road, Chelsea.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Batterses, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.

All Coupons must be received by the 1st of each month preceding date of issue.

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IS THE ONLY

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YOU SHOULD BUY.

ALL SIZES

Made in Sterling Silver most exquisitely Chased Price 2/6

GUARANTEE! Improved Dorcas Thimbles rendered useless from any cause will be exchanged Free of Charge!

Address Manufacturer's Agent, 66, Ludgate Hill, London, for name of nearest Jeweller or Fancy Dealer stocking Dorcas.

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CARSON'S. BATTERSEA. LONDON.

Two most Beautiful Natural Perfumes

"ZENOBIA"

SWEET PEA BLOSSOM

2/6. 3/6. 5/- and 10/6 Per Bottle.

AND "ZENOBIA"

LILY OF THE VALLEY

(NATURAL)

2/-. 3/6, 6/-; and 10/6 Per Bottle.

A Bijou sample bottle sent Post Free for 6d.

SUPPLIED TO HER MAJESTY THE QUEEN.

Each the PERFECT FRAGRANCE of the FLOWER.

Made also in Soap, Sachets and Toilet Powders.

Sold by leading Chemists, Stores and Perfumers. Samples and Illustrated Booklet sent Free on receipt of 1d. stamp for postage, mentioning this paper to:—

ZENOBIA LABORATORIES, LOUGHBOROUGH.

It's all the Fashion to use

Newey's

HOOKS AND EYES

Why? Because they LOCK SAFELY, NEVER RUST, & ARE ALL BRITISH MADE.

SIX SIZES

BLACK or WHITE

Also Twelve Extra Neweye Loops are supplied with each National 1d. and Imperial 2d. Cards, which are obtainable from all Drapers.

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NEWEY BROS LTD BIRMINGHAM

IT KILLS NITS

NYTO

Every Child's Head should be washed with 'NYTO' SHAMPOO POWDER at least once a week. They will then be kept perfectly clean and free from vermin. Nits will not breed where 'NYTO' is regularly used.

SHAMPOO POWDER.

The Mother's Best Friend.

DESTROYS ALL VERMIN ON THE HEAD.

The cleanest and most effectual preparation on the market.

Far better than ointment or lotion, which are greasy and sticky.

Per Packet, of all Chemists, 2d.

Beware of Worthless Imitations. Ask for 'Nyto' Shampoo Powder.

If any difficulty, send 7d. for three packets to

'NYTO' CO. (Dept. M.J.), NOTTINGHAM.

your SOILED BLOUSE CLEANED BY

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DRESSES FOR 4/- DRY CLEANED.

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